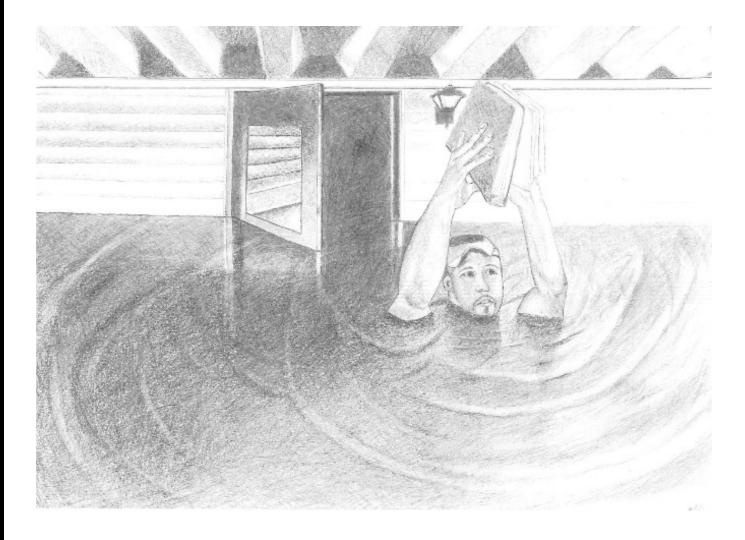
# PRISONER EXPRESS POETRY ANTHOLOGY 13



JANUARY 2015 ALTERNATIVES LIBRARY

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	Jacob Silva		
	Maurice Stokes	Noman Theriot	
	Brandon Rushing	J. S. Slaymaker	
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	-		

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By Brandon Rushing

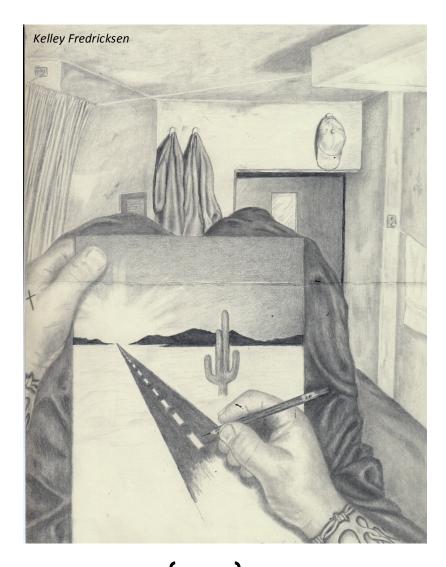
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## And to those whose artwork was used in this journal. Artists include:

Rocco Ranallo Kelley Fredricksen Jason Forbes Antwon Tylor Carlos Delagarza Jr Manuel Antonio Gonzalez III Alejandro Cruz Benauidez Thomas Stranblad *And many others....* 

I apologize to those whose names do not precede their artwork. If your name is not coupled with your work, send a letter so we can fix it on the web version of this poetry journal. Thank you.



#### Children of the Gods By Daniel Peterson

Touching the Artist's brush, The blue paint is the heavens, Red is life, Yellow is the sun shining forth. Each are gods Each stands alone, proud, Unblemished, untarnished. Blue paints the sky, Red paints the ground, Yellow illuminates the world. They speak: "I rule the skies; I am god." "I form the earth; bow to me." "I shine forth illuminating man, omniscient." Each has a place on the pallet, Each has a purpose in life, Each is the creator. Unblemished, untarnished, Pure colors are proud. The Artist smiles because Only he understands that The masterpiece is in The bending of the rainbow, A blending of the pure That true life is only found in The children of the gods.

#### Remember the Artist By Elisandro Antonio Nava

When our ashes are finally scattered Into the wind, into forever, Will our words have even mattered? Did they bring anything together?

When our etchings on the wall, Undiscovered, have been found, Will they understand them at all As they crumble to the ground?

When our letters are excavated From a deep and damp pit, Will our secrets be exonerated? Will they make any sense of it?

Will they know the love we knew Or hear the songs we sang? Will they know to whom our prayers flew When heaven's bells gloriously rang?

I hope that they will know us all For every mark we leave behind, From the paintings on the wall, To the reshaping of the mind.

#### Mystery of Mysteries By Anthony Murillo

Life is a great mystery— So is death, And self.

A Warrior spends a lifetime Attempting to unravel the mystery, All the while Knowing the mystery is unravelable.

Unraveling is the *ideal*. Acting for the sake of acting— Without promise of reward— Is the *mood*.

With this idea and mood, The Warrior storms the citadel of Reason And gets chopped down By the self-appointed guardians of "reality."

#### l Wonder By Daniel R. Jackson

Sometimes I wonder, what was the plan at birth The moment I exited the womb, and entered the earth Such a small being, in this vast world Am I crazy to think I have a purpose Penned up pain. from scars unhealed Looking forward to the future, while time stands still Searching for a method to the this madness Hoping an answer would surface Find me, leave me, find me, leave me, that's the way It usually goes Hold me, need me, love me, breathe me, but that's Never how the story's composed Beautiful or brutal what is this thing called life Warm then cool, warm then cool, and sometimes Cold as ice Don't try to understand me, your efforts are Useless, you will always fail, if you should I've reached a point, the lowest one could go, So I could never be understood That's why at times I often wonder, what was the Plan at birth

When times collided and God decided, to bring me Forth, to the earth...

#### The Cold Truth By Noman Theriot

Life is filled with many changes, Changes we possess, but who's to blame us. We are all the same in many different ways, We hunger and strive, just to get paid.

We are no longer children but grown adults,

We put in so much effort, for such little results.

Time after time, they questions, they're replayed,

But those are the choices we all have made.

Our hearts, they have been broken, All in all the same by the ones who bare our children, And the ones who have passed away.

Why did it come to this? Why did this happen?

From having a job, to the pistol I was packing.

#### History of Abuse By Don Brown

I killed myself in '89 But somehow I'm still Feeling fine

I died again in '92 From the same old shit I always do

In '95 I lost my life Lost my home, my kids, My wife

In '98 all hell broke loose Evil lies and hate Found me in a noose

Two years in hell for another's sin Then 2000 came and brought Me life again

Soon came the year 2004 I thought I'd never Suffer more In 2006 I lost the stars You just can't see them From behind bars.

In'09 they unlocked my cage I let loose my anger, my pain, My rage.

In two short and angry years Twenty eleven proved that I still Had so many tears.

#### When I Was Young By Jacob Silva

When I was young, Imagination was play, When I wanted the phone to ring, I said bbring, bbring, Then I said, Hello?

When I was young, Summer days were endless, Sticks were guns, But no one was killed, All was pretend;

When I was young Murder Rape War, Were grown-up games;

When I was young, A was the alphabet's beginning, Look up Sex in the dictionary – Blush – What's intercourse anyway?

When I was young, I knew I'd never grow old – Old people came pre-packaged in foil – Assured of this, I was happy;

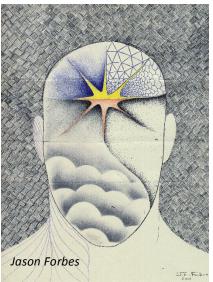
When I was young, Cancer was a horoscope In a Reader's Digest, I am a Leo, but my Roar is feeble;

When I was young, Death was a parade, I liked the limousines, dressing nice, But not the crying,

My tears stain this page.

Back When... By Maurice Stokes

When I carried guns and sold drugs they encouraged my mentality But now that I carry books and teach they want to silence me Claiming what I'm doing is against prison policy Because I'm now threatening to make a change in our society They told me they'd cut my time if I offered my apologies And forget who I am and let go my ideologies And stop teaching men positive qualities Because the lack of men in jail will overthrow municipalities And cause a rise in in unemployment and crash our economy Because so many fields depend on us being admonished honestly So with the bigger picture in mind they ask me to read and teach silently And let the blind stay blind and keep behaving violently Trying to convince me that the world can't survive if some don't remain asleep So like the slave masters of the past they've forbidden me to teach So no matter how far we go they can keep us on the hook That's why they make it easier to get a knife than it is to get a book...



#### Down By the Creek in Summer By Brandon Rushing

Cold water, soft Rippling numbness. Spread toes curl in Something like joy. Childrens tiny legs. Motion, Of the heart

#### Frigid Incarceration By Jonathan C Holeman

Upon a field of white Beneath a bitter sky of grey Constrained in the artic Bound by the permafrost As the polar zyphers drift Across the frozen glacier In the freezer of the mind

Flakes of images flow down From the icebox of the past Immured by all the faults Of the sunshine hampered by the clouds

Memories formed to icicles Limited to pain and sorrows Of mistakes numbered by repression A chill mist hardens into hail That pelts the blood red face Imbarrased by the restraints That enclosed the frigid heart

#### Non-Haiku 1

Clouds and mountains Rivers and streams The bullfrog dresses in mossy green Dragonfly escapes a subtle death

#### Non-haiku 2

Bees in sweetness The birds in flight Angels can not fly into the night In the dark, there's no hope to guide them

#### Diné Princess By Maurice B. Wade

Blackbirds across the fen catch her eye; She stands on browning grass to watch them fly.

San Juan climbs on a north of tides, Backing into springs and hills, floating isles Of flowers, bringing striped

Bass in to lust and feed. She squints The Year's flight;

While lawns and hills shake on their restless piles

and thunder rocks deserted river sites. She waits in the scent of hay and sighs.

Woods surround her, black with

greenness, fervid like

A tide to fill all hollows with their growth and blight.

The Hogan, a college now, decays amid

The lovers lying careless with books.

The mud cracks from roof to ground; the pillars

Shed their paint like rattlesnakes that wind A ruined garden down a drowsy slope. The empty pool is lined with years of leaves;

The flowers bloom and die at will; the vines

Have closed the garden gate and several windows

Of the hogan with latches firmer than Their rusty iron. The tennis courts have lost

Their lines, and balls careen into a limitless

Void that shames the blackbirds their season's ride.

She walks beneath the piñon where carriages wait

And buckled horses stomp their blood and beauty.

The trees astir with wind fly suddenly up; The mottled sky splits wide with guns and rain.

She runs the field and falls into the air. The mountains vanish; lovers die; and learning

Turns to dust. She cries: This is Crime!

Diné found her later in the flooded fen, Flowers tangled in her black hair, Eaten by bass. The tide fell south again And carried her cry between the palisades Into Albuquerque. The summer failed. Wild woods burned at last and left their luminous Ash upon the lawns; the bluffs whirled

In wind and snow; Life let out for most of us.

#### Beauty Unseen By William Carlson

Single leaf, From autumn maple Splash Of color across

Its bow Falling, falling Primeal beauty Calling Longing for

Savage love. Shaft Of light stabbing Through shadows, Spotlight,

Quiet sacrifice. Single leaf Saffron and red, Silent Humble nobility.

#### Word Play By William Carlson

Summer sun slowly sinks Wisping winds whistle Through the Loose leaves Shaking shimmering shadows

#### Story Oft' Told By William Carlson

Lyrical gold This story off' told Of lives Like vines That entwine Growing from one To another They become Each other First me Then she Now we Beain To fall That's all Step By step Note By note Heartsongs Singing out This lyrical Quote Of lives Like vines Like yours Like mine Entwined...

#### Vapors of Essence By D.B. Hughes

Seems like eons ago or eras passed, That mist arose from the depths of the heart, And cloud cover the precious soul of eight years new. Giving wonder to the light of gender; delicate to touch, And aroma sweetened from the essence of lower.

Thoughts were crushed by every waking moment,

To daydreams of distressed damsels and heroic deeds,

And slumbered visions lay peaceful smile upon innocence.

Seems like eons, though presence being nigh,

And wisps of vapor only remain to remembrance;

While the light glows radiant to consents of age,

And connubial oaths reverberate the sanctuary;

Liken heartbeat over womb; and the wonderment of miracle beings. Time is motionless for the brevity of

instance

Existence marks the gaseous phases of new intellectual whims, And memories, the more being magnified,

never evaporate consciousness.

It has been eons, or so it seems, And mist clouds the lens of aging memories.

Moisture trickles a path to the unforgotten; Still vivid as photograph or in realistic sense.

Vapors of essence surround the heart with tender squeeze,



And passion peers from the soul lifted; still. A glance returned before the heavenly sheet veils, At the precious soul of eight years great grand new.

#### Remembering Lance By G. Neal Strauch

That warm Spring night when first we met, My eyes on you were firmly set. Your Gothic-style of clothes and face Could not obscure your charm and grace. Beneath that black and white on thee A loving sweetness I could see. Date on date for weeks on end, Did leave was more than merely friends. Though we were thirty years apart Our friends felt not our loving hearts. One day you were prepared for more, Life partnership were looking for. Six years of bliss, so bright and gay, Us growing closer each new day. But one day we were pulled apart. Our loved ones' illness rent our hearts. You flew back East to help your Dad. I stayed in Texas, heart so sad. We'd talk and text each day for hours, Encouraging with word and flower. We'd fly to visit as we could, Spend days as one as Lovers should. A foolish act sent me to jail, Our love stood fast with letters mailed. One day your letters stopped arriving, And in my heart I now was dying. I wrote to you the truth to see If you had give up on me. When from a friend the word did come, My hear, it ached, then grew all numb. Your life so young by murderous gun Cut short by hate e'er first begun. In prison all my thoughts are you, Our dreams lie dashed, ne'er to come true. I hold you in my dreams at night To grasp you tight 'till dawn's first light. My heart is broken, ne'er to mend. Yes, I'm at peace this Life to end. Prepared am I to hold and see Again, my Lance, to dance with thee.

#### Twin Moons To View By Matthew Fox

Twin moons to view One is mine, the other you Underneath the pull of tides Hides a river between our eyes The river keeps getting bigger Ha! It is a sea Whose water seeps a bitter Poison in me

I have known love And watched it wither With not a kind shove But by a shredding, little by little

Under the crystal hue What could have been If ardor paid its due

Though if passion ceasing What could we but do? Because under this moon Is our ruin.

#### Are You Out There, Girl? By Gary Gregory

Is there sweet salvation near? Perhaps your smile Sensed shining upon the shadows Of dying suns And collapsing emptiness A silver lint Shimmerina In an obsidian sea of deposit Smoke sent on spiral forms Of prayer Slightly stirring My sad state of affairs My slumber of sorrow shaken To awaken to angels That softly sing your name In my ear If there is solace nestled In the soft shoulder Of your soul I lay down my horns And surrender To the feather down asylum Final comforted From the search Still dripping From the storm If there is sanctuary In the sweet serenity Of your kisses May my mouth Tongue linger long Admits it Breathing in Your essence Tender and true If there is haven In your hear May I call it home

If there is meadow Beside your still water May I never roam

#### Cherish Me By Bobby E. Brown

Here I am with a smile and white rose in hand-As I wait until time pass and fly like turtle doves Through the air. I'll forever cherish you...

I'll patiently wait with undying love for you, because You alone cleanse me. However far I might be, you'll Be first. Still upon my heart. I swear.

I'll never say farewell, even though I yearn for Your lovely smile daily... you strengthen me.

Here I am with a smile and with a single white Rose in hand—my memories are great of you, but this Yearning would never be extinguished, even if I stood Next to heaven's gate. I wonder, would you Cherish me?

I'll forever wait to have that chance to wipe That tear from your eye, because my love for you Would never die.

Here I am offering you the key to my heart To Cherish me.



#### The Hooker By Taylor Gerths

The girl down the way comes over The Goddess of Dawn floating Through my midnight door А rose blooms in the midst Of a scrap yard It was the kitchen floor we found Passing a bottle of rum Melting into the tiles She recited lines of Whitman Far an age who wouldn't listen For the men who took her love A night or two at most (And now... From somewhere outside the open window I hear the saddest song) It sneaks its way into the kitchen Like creepy voices directing us to dance. I watch it swell within her fragile breast; To the beat she stands Shedding constricting pants An angel in underwear The Goddess Aurora Spinning, Spinning, Spinning My clothes too slip away Rose petals falling to Blow far Across a forbidden Scrap yard.

Carlos Delagarza Jr

#### Her Horizon By Eddie Menetee

Her eyes, these days, are distant. She stares one-thousand miles Into the horizon And smiles... But at what Does she smile? Lost fragments found Of memories? The sounds, The smells, the sights Of warm days and warmer nights? I always ask her What it is that she Has of reverie. But she never answers... Her eyes, they keep to staring, Never daring To move from the horizon.

#### Human Family By Ron Clifton \*Dedicated to Bo Lozoff\*

Just be who you are, because who you are is fine. I'm always proud to say you're a friend of mine.

Color, race, or religion, what's really in a name.

Just beneath the skin we're really all the same.

We shield our children and draw them near, from those we

Think unlike us and so often fear. I'd like to give those who make war a new perspective

I truly wish I could, for the prejudice we teach our young does no one any good.

If the world could come together in a circle of brotherly Love, most would find God lives in all of

us, not

Some other world above. If we took the focus off of our differences, Similarities are easy to find.

We might depart that place all of the same human

race and leave the hatred behind.

#### Remembering my Mother By Alessandro Milan

I had a dream about my mom last night, About the things she did. It took me to those precious days Back when I was a kid. And every time I came near She'd always hold me close. The strength she showed throughout her struggle Is what I cherish most. Each morning, we shared breakfast And it was always cooked. Each day before I left for school, She'd smile and give me that look. So always let your mother know How she fills your heart with pride. Because each morning, I wake up I wish my Mom was still alive.

#### Greatest Value By Samantha Rew

My greatest value can't you see Is not other than my lil man, My minni-me.

His little heart, so full of love A miracle sent down From the heavens above.

He gives me strength, courage and Hope!

Dreams reaching further than the Greatest telescope.

When I stumble into the darkness He was my candle light. Filling my night with stars That shine so bright.

Whenever I get knocked down In the ring of life, It's the way he loves me that Keeps me in the fight.

Some say the strength to push Forward Should be found in thee.

But what's so wrong If I found it first In my minni-me.

It's his love I value more Than words could ever... Ever say.

No matter what I go through His little smile just makes it All okay.

#### For You By Wesley R. Carroll

On this very special day, Of all so blessed days,

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Here's a poem for you, That many saw as quite true.

She walked beside her father there, A busy street, a child so fair. Her solemn eyes were filled With enormous tears, Her little voice portrays Her vivid fears, "Daddy, please hold my hand."

The father's hand picks up his child's; The child looks up and sweetly smiles, For she has also placed her fears, In Father's hands, and dried her tears— Dad has now taken away all her fears

So cavalier Dad has made it all clear, Creating such a nice new atmosphere.

Just wanted to let you know, That your thought of everyday, So.

My hand has always been near.

#### Remember... By Lonnie Smith

Remember... today was the tomorrow, you worried about yesterday. I wrote an "A to Z" poem when I had to remind myself of that saying, my teenager put on her photo.

Another day gone past

But this one, was a very special day. Couldn't be there, because I am here (in prison)

Daddy couldn't be physically there with you too, for he's passed on and no longer here

Efforts I made as best as I could to make today special

For my son's 13<sup>th</sup> birthday, I'm kept apart from you

Gifts I bought wrapped with love, even cake and candles

Had them delivered by a dear friend

I telephoned his house over and over

Just to receive another unanswered call, feels like another dead end

Keeping as optimistic as best I could Later I tried to call again, but again all I got were unanswered calls

Meanwhile, my very good friends (Rose and Ed) went to his house and delivered all the presents I got him

Not knowing when or if they'd even be able to

Openly give the presents I got especially for him, or even answer their door

Please, I prayed, just allow my son to receive what I bought

Quite honestly, I was afraid and worried he won't receive them or he'd reject them from me

Rose+Ed were successful, at least, getting the presents for my son inside the house... they actually answered their door. Sometimes, I wonder if he opened them at all or blew out his candles on the cake To not know whether he got them or if the guardians interfered by taking or stopping him...

Unless I know, for sure, one way or another if he really opened them, meanwhile... I will hope for the best Validation isn't as important for me than it is for my son that I, mom, never did or will forget about him!

With all the past + present that's happened so far from my biological parents who care for him it's definitely been an uphill battle! Xeroxed a copy of the letter I enclosed inside his gifts; I hope he reads it alone so, he knows I'm so sorry for all that's gone wrong

Yet, if not, maybe the two wooden dog tags, one engraved mom and one engraved dad, will catch his curiosity to read that letter... that we never intentionally left him and we both regret our pasts

Zombie-like, I bring myself back from all the thoughts inside my head and just pray, also hope my son had a fantasy, very happy 13<sup>th</sup> birthday!

#### A Twisted Soul By Durrell Anthony Puchett

I live in these streets like a mass murdering beast, Creepin through alleyways, Lookin for a place 2 sleep.

My clothes are dirty torn in 2 pieces, My body odor smells worse than a decaying corpse, My homes made out of a cardboard box, Any order 2 eat I gotta dig-in trash cans.

I lost my freedom at the age of 15, Lost some of my family at the age of 16, But that's not it, My whole world crumbled at age 21.

21: that's when they locked me up, And threw away the keys by giving me life in prison,

So writing gives me an avenue of escape. Escaping deceit and pain,

I'm lost in this white man's concrete jungle, Lost like a football fumble, No fresh air, no clouds, no birds, no nothing... Carlos Revuelta

#### Monarch Warriors (for my sons) Puchett Cont'

Under the calendar stone restless souls Wait for Mictlan to open its door to the Underworld so they can rest and evolve into

The butterflies of times foretold, where warriors

Shed their warshields and clubs for Monarch

Wings to travel the land of dreams where Crystal flowers chase Jaguar Knights in the

Realm of their sleep; As eagles soar touching

The sun without burning their wings, as they

Travel to the land of our ancestors, across The breath of the Calendar Stone,

searching

For the forest that is their home...

#### Whispers (for Sabrina) Puchett Cont'

Lighter than a feather and freer than a Bird was the whisper of you, that my heart Heard; its breath reaching the depths of my very Soul, its meaning all happening beyond my control That whisper of you weaving my entire life, Piercing the darkness with its ray of light, soaring The moment with its invisible wings, wrapping All of my yesterday's, in memories along my Road of moments I come to find; the whisper

Of you, traveling across my mind,

searching me

Out, holding me two breaths close filling me

With love for my heart to hold...

#### I Come From (for my parents) Puchett Cont'

I come from a land where the pyramids touch The sky, and Eagle Warriors dance the song of life And death; to the beat of the war drum, where golden

Eagles learn to fly and use the stone temples as

Perches as they screech across the skies, where

Bands of warrior butterflies return to rise, dressed

As Monarchs to color our skies, I come from a

Land where the llorona still wails and cries Searching for the children she drowned, to never

Find as her suffering is but a melody she Must endure as it still rings and is heard Across the earth; I come from a land that gave

Rise to the humble campesinos who fought for

Land and dignity as soldiers of the Gran Revolucion, I come from a land that my Parents still call their home, our beautiful Mexico with its valleys of golden corn...

#### Friend By Rodney M. Lane

They're hard to find And far and few between They're extinct in the lives Of the evil and mean They stand by your side Lift you up when you fall They always have your back And always answer your call Some go to extremes To let you know that they care Others show that they love you By just being there They're a pat on the back A shake of the hand A shoulder to lean on And a soft place to land A refuge to run to A safe place to hide An ear for your secrets And in whom you confide A smile through sadness And laughter through tears A stronghold you trust in To conquer your fears They're a world of advice They're honest and true They're for and few between But I've found one in you.

#### Fallen Angel By Lonnie Smith Dedicated to Angel Garcia

I see an Angel fall from the sky,

I ask the Lord why, why, why? First on the scene to look into his eyes, Made me want to damn near cry.

Melancholy walks by medical divas Turn to shock as crimson ran Through out the ethers, It made them all believers.

People running in circles, like they Never been trained in medical procedures. Just watching this circus got my mind traumatized, As I watch his life drifting on by.

Numbness almost took my breath After seeing the suction pump was a defeat. Lord why'd you pick me to see this man gargle On his own blood, and choke to death.

Now I have to pray to you, to remove This burden off my chest. And pray to God to lay that man's Weary soul to rest.

#### The Choice By Ron Clifton \*Dedicated to Bo Lozoff\*

We rob Mother Earth for all she's worth. We rape this fine lady who gave us birth. When she cries acid rain you know it hurts.

The Father Sun shines through polluted skies.

He doesn't seem as clean or pure and bright

We can't deny what's wrong, but won't admit what's right.

An absorption of beauty for profit, in the name of progress for the human race. Our children can't inherit the treasures we can never replace.

We butcher a forest, then plant two trees. At this rate, it's clear what our future will be.

The time is now, the moments at hand. Will we choose Life? On a Desolate Land?

Just be who you are, because who you are is fine.

I'm always proved to say that you're a friend of mine

Race, color, or religion, what's really in a name?

Just beneath the skin were really all the same.

We shield our children and draw them near, from those we find different and so often fear.

Id like to give those who make war a new perspective, I truly wish I could For the prejudice we teach our young does no any good

If the world would come together, in a circle of brotherly love, most would find God lives in us all, not some eternal world above.

If we took the focus off of our of difference, similarities are easy to find. We might the place all of the same human race, and leave the hate behind

"God lives in us all, not some eternal world above" – Ron Clifton

#### His Loving Words By Juan Frias

His loving words are soothing to the ear and always rule over fear. They penetrate the darkets places and dry the falling tear. They break the chains that shackle every mind And provide strength to heal the hearts that sin would bind. His loving words that are whispered, rooted in the heart Will bear fruit and give wisdom to those that are apart,

Will shed light in the darkness where hope may have died

And bring life to ambitions that can fill us with pride.

His loving words give strength to survive each task,

To help the sinner to take off his mask. They inspire our dreams and show us the

way

To release us from pain, until that perfect day.

His loving words soothes the soul and enlighten the spirit;

They bring comfort and warmth like a beautiful lyric. They bring peace to our lives in most difficult times; So always remember his loving words are Divine.

#### The Land Across the Sea By Robert Patroude

In my darkest hour to you I call Deathly afraid that I will fall Though my voice you do not hear Despite the call, so clear Across the Sea you stand In a Land-Without Time How I long to be at your side But the ferrymaster—he has died I try to swim to the Neverland Yet my arms fail my command If my wings were clipped not The ember of our passion would burn white hot But this Land across the Sea Forever keeps you from me.

#### My Soul By James Chonley

When the breeze is warm I close my eyes In deep breaths I let go of all this ice

Lost in trance, I stumble but I find my way Laundering my troubles, I must carry on today

Year by year, the ice gets thicker Overtime, the ice becomes a barrier

Unmoved and untouched my soul yearns for love To life and love I thank Ishtar from above

Everyday I am blessed. Astonishingly want to know things I wished to know

Confessionally, I am Dark, Grey, with no color Having no help of guidance I am lost with no adventure

Meaningly, I mean no harm Everything, I used to have is gone like a false charm

I will follow my religion til the day I die Following the Old Religions way

To the respect of free will of all living things Every day it is my will and intent to

Accomplish greatness and love Correcting wrong, for getting old ways

Having strength coverage and honor Involving soul, mind, and heart and color

No darkness shall enter Gravity reverse to lift barrier

In honor of the god and goddess Separating right from wrong

Over see my mind to progress Killing old habits and abroad new habits So might it be

Harming none Love is the law Love is thy will Do what thou wilt shall be the whole of the law Do that and none shall say nay

I vow my heart and soul to the god and goddess To learn knowledge I wish to know

#### Mid Life Crisis By Sabron Stewart

My conscious is a mid life crisis. Every day I wake up and I pray it's enticing. My backs against the wall, and I'm tired of fighting. The bible says Jesus wept but I wonder if God knew how I really felt. Am I the devil's advocate cause my materialistic mind state is extravagant? Made a promise to myself that I wouldn't become average. Getting chosen is the narcissistic swagger. Poke the heart of a lion with this dagger. As my mind travels my conscious falls asleep on the gravel. It awakes in a coma. I told my momma coming back to reality is like coming back from a despicable aroma. Never understood the basics, wake up to changing faces. Sleepless nights keep me pacing because my thoughts are always racing. If I could pass go I would be the host of my party.

I brag not hardly.

Life is a Bitch I just hope she is emotional.

My creativity is dull when sober, so I smoke weed to push the edge over. Suicide poetry with a conscious flow on the other hand I misplaced the suicide note.

My life is like a Mark Twain quote "I see it for what its worth"

You only live once on this earth so I plant female seeds and birth the THC focus on the TV and smoke heavenly.

Hells on fire so I burn one for the star of the morning.

I pray when its dark that he light my way because I'm lost without him and come to find out there's a finder's fee, but she found me for free.

I be on a different attitude I'm different from these other dudes.

Them average Joes can play the fool, while I manipulate the cool.

I'm driving without a license on a mid-life crisis.

#### Angry Tears and Apologies By Sarah Julie Spencer

I'm sorry for the times I know I should have prayed And the times I should have left And the times I should have stayed.

For things I never said Or wish I didn't say For failing to comprehend That there is a special way...

For us to live our lives When we live our lives for you. Why did I have to do? Just whatever I want to.

I mistook the freedom The love, the grave you gave And used them as a stepping stone To plot out my own grace.

For don't you know this Jesus Humans tend to die, When they don't have a mother To look them in the eye

#### Babylons Blessings By Michael Madrio

I march atop the stone below and smirk up at the sun And if he runs from the sky the stars and moon arise In that time dear Babylon shall blossom

into life

Deep beneath, unleash a beast, that feasts on other's glee The key to free my shackle shines to release me of my mortal binds The wings to fly above the night and near the laughter turn to cries Dear Babylon my home sweet home live your life before it's gone

#### Poem #1 By Quentin Horris

Spiritual revolution is forced On every sunshine soldier doing time Whether you are weak or strong In every season the spiritual Battle begins in the arena Of every prisoners' minds

We must fight; we must fight As children of the son We must fight for what is right Against the darkness of our souls We must fight, we must fight As creators of a new world order We must fight to co-create the Lovelight of new scripture that Will brighten the minds of those In future.

We will fight against Satan's enter-Prise of building more prison Warehouse in world

#### Trapped inside of a shape By Luis Reyes

Trapped inside of a shape, as my soul withers Away minute by minute, breath after

breath; My hope depends on love, the kind of love

that seeks The importance of life, for what is life

without a purpose?

To be bound behind walls of regret, ignorance and pride,

Hidden away from the little that you know and

Comprehend...

Trapped inside of a shape, as my thoughts seem clearer

My strive for success seems stronger and anything I encounter won't stand a chance For the heart is stronger than the mind, or is the

Mind stronger than the heart?...

That's a decision you must make while staring

Isolation in the face

#### One Finger By Matthew Fox

One finger to the many On the hand of plenty Do the lines tell the tale Or is the secret hiding Obscure, as the cut of a thumbnail?

One hand of anger On the palm of plenty To build a temple To sorrows of many

One moment of many Changes everything While you eye with envy The choices of others

And with choices of plenty Hope not to stray For everything turns ugly When you lose your way.

#### Again By William Andrews

The 32<sup>nd</sup> of every June, When the Allman Brothers do a rap tune... Right after a cow jumps over the moon, Hold your breath it's all coming soon!

The day booze is free in every store... When we figure out what the moons really for, Right when it's O.K. to piss on the floor... Hold your breath... I've got more

About the time it's polite to steal, When the media reports all that's real... After the government has nothing to conceal, Hold your breath... cause here's the deal

That's when I wanna see You again...

#### A Living Example of African American Culture By Z.L. King \*A tribute to Margaret Burroughs\*

A giant among Giants This noble woman has died and passed on at 95 Great and noble people do not die

Because their good works live on and on Long after they are physically dead

Please recall booker T Washington, Gandhi Dr. George W Washington Carver, Dorothy Day and Mother Teresa Just to name a few they are still alive because of their noble war They are still alive because of their noble work And service to others The work of Dr. Margaret Burroughs will continue To live on and on Each time that I think about noble people Dr. Margaret Taylor Goss Burroughs will come to mind This noble woman was quick to assist and defend prisoners This giant of a black woman Died at the ripe age of 95 For more than 40 years She was a beloved mentor and friend In life she received honors Presidents of the United States Governors of several states Kings queens primes ministers and presidents Of many foreign countries In spite of all praise, honor And adulations she received She was guick to cast her lot In with the downtrodden Those at the bottom rung of society Prisoners have a warm and special place in her heart Year after year she would reach out to and for prisoners Teaching art classes, poetry and some history too In her mind she saw prisoners taking a positive role As free men and women For the good and wellbeing of all Again and again she appealed to prisoners To leave a legacy Worthy of emulation For the next generation She set the noble example by being cofounder of The Dusable museum of African American history - yeah!! As a prisoner that has served 45 years in prison My life is rich today Because Dr. Margaret gave me love And some of her quality time As long as I live I will always lift up The memory of a mentor, friend, hero and deer Dr. Margaret Taylor Goass Burroughs -Yeah!!

#### Losing By Ronald Edinburgh

So often, people don't realize the misery of a loss, until something they loved is no longer there.

Times you neglected to make for them, and the ways you could have showed, how much you care

Living is loaded with surprises and expectations, kindness and exacerbations, and full of ups and downs Me, because of my anger and inability to control it, I end up locked up and bound.

I thought my life was over, sentenced to fifteen years! Losing my way of living, the warmth of my family, my rights and freedom Enough to bring a statue to tears

Day after day, time, gradually crept by Then, after doing five long years, I received news that gave me the shock of my life.

My father left this world, apparently his heart gave up Found by my mother, on the bedroom floor, the sight was too much Im sure, thinking of being alone, she lapsed into a coma, for nineteen days and then she too was gone.

It couldn't be worse, I'm doing time and the Lord chooses it to be theirs

Making matters even more unbearing, they would not let me out to attend the services Mad, upset, and almost to tears, I ask god what did I do to deserve this

So, here I am, sitting in my cage, chin on chest, alone, for-gotten, emotionally pained No one to care, no one who writes no one to hug when released my life in a spiral, like dirt down the drain I ask and pray, can someone help me, please get me out of this losing game.

Poetry's Web By G. Neal Straunch

A poet weaves a web of words Each gossamer stand suspended high From beam to post, and post to beam, That may attract some hapless fly. In time a reader ambles by, A bit too close, begins to read. Becomes entwined with words so fair That he away cannot be freed

Until at last, the readers lost In worlds fantastic spun around Caught in the web of poetry's light Content to have its meaning found.

#### Sacred Scribe By Lazaro Vazquez

Ink of my own blood Words pure written by my soul Every last one.

#### Hospice By Lonnie Smith

Keys jingling Fortified door closes Terminal darkness becomes light Time is no essence In STATEVille Hospice

#### The Price That Must Be Paid By Nkrumah humumba Valier

Only then things will change. No one who truly wanted it was denied it. Talking about it with no actions to back it up. Will keep us trapped in the Matrix. This is a message to the People. Don't Sleep! These conditions we are forced to live in will never get better. Our children are suffering. 17 year old black boys are being shot down in the streets every day. Where is the Justice? Samuel Jackson time to kill. they say President OBAMA will save us. Empty promises. Texas got a plan. Lock up every black man and Mexican. That's like money in the bank. Not even the poor Whiteman is exempt from this plan. Prison Corporations is new age slavery. The South never fell. Slave masters sit in office buildings overlooking the city. Nat Turner 2015 do you know what I mean? I rather die than be a slave. What happened to the land of the free? Jim Crow running for president 2015. You know what we must do.

By any means necessary. For freedom we all know the cost. The Price That Must Be Paid.

## "Remember. Today was the tomorrow, you worried about yesterday" – Lonnie Smith

#### Black Dreams By Semaj Naoji Herrington

Perceiving the gloom of darknesses unconsciousness. I envisage the night retreating fearfully into slumber. Where star studded dreams gleam inside velvety nests. Like eggs hatched pitifully into blackness. The putrid odors of obscure imaginations wrest. Like identical misconceptions of unrest in the womb. Borne like ebony wishes upon beds of thorns. Banished illusions consumed in black on black. Beneath the cloak as weeping cracks a smile. A Smidgen of light then filters through the auise. The sounds of hope are but a faint ideology, Yet transcend they the abyss as a Pegasus mounting winds. Reform dangles loosely like a carrot, to incite inspiration. Dreams, awakened to face another damn staid. Fear of struggle, buds into hope of change. Aroused into movement, where blackness once rested... In Black Dreams!



Desensitized By Maurice Stokes

Societies perception of success I despise Because it makes an exception to the acceptance of lies Handicapping kids from the start in my eyes With music and movies meant to desensitize Us about the things that affects all our

Us about the things that affects all our lives

From the drug dealers that we're taught to idolize

To the men committing murders which happens to be on the rise

They're slowly shaping our life views and guess why?

Because a man without inhibitions simply can't survive

They'll have self destructive nature And Lack the discipline needed to become innovators

Because they're taught all their lives to worship paper

Currency and despise the slow pay of a waiter

Taught that school is simply just a waste of time

Because the only legal hustle out the hood is sports or to rhyme

Lies to desensitize us of the ills of our actions

So we'll have no regrets when we kill in our section

Sell drugs, rob and steal in our section Humiliate, abuse and womanize to please an erection

From magazines to hood novels, music to movies

It's time to open our eyes to the things they are doing

Because whether you believe it or not these things are affecting our people

And got us thinking the only way to survive is illegal It's time to get off this paved road to incarceration That we seem to love to follow all around the nation It's a simple task

called take control of your situation

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## o Ranallo

Monitor what you watch and read and value your education And what you learn teach others to apply it

to their lives Because we're all still at risk if even one

Because we're all still at risk if even one still remains DESENSITIZED...

#### Scream – Shout!!!! By Joshua Mathew Finklea

Beggin' this cage to let me out! Silence mean like a stone, Through my window thrown. Strugglin' with the right words to say, Hide the ugly, Behold the beauty of yesterday. Rollin' riddle, yes I am! Jailhouse Jesus in a traffic jam, Halo among perverted politics, Walkin' proverb - livin' limerick! Libra love – a bright sunny day – Close my eyes - fade away. Rattlin' the bars, my angry cage! Open up, eat my rage!!! Wrestled with it, can't fight it. Reservations of the uninvited. Heavy laden - greatly behooved, Once "mama's boy" - now "that dude"! Sex, drugs, and rock n' roll. A little hip-hop, truth be told. Strugglin' with the right words To say. Close your eyes - Fade away.

Silence - stronger than words!

#### The Enemy Within By Marcus Randall Brown

"Walls of concrete, doors of Steel, locked away from all that's real." "Keyless locks and chains that bind, Reality's the demon in my infernal mind." "There is no key that can set me free, My mind is my worst enemy." "A formidable foe going toe to toe, Will it ever let me go?" "A day lost? Or a day gained? Two separate worlds, both share the pain." "Lock him up, throw away the key," That's what the world said to me. "I can't do all that time," I said to them. "Just do as much as you can son... Until it all ends"...

-Untitled-Bruce (E.D.) Feaster

What can be seen, In the mind of a beast. What drives his soul, And the rage he release.

Dwelling within, Is a world of rage Filled with lust, In his savage cage.

For beauty, Stops the sin, he see. Calling his name, Who could she be.

With caution, He bestows his essence. With her flame, She devours his presence

#### -Untitled-Albert Doggett

Psychedelic trance invades circumstance Reality suspended, per chance Sensory overload, enhanced A glance into shadow's eclipse Skips, hits, nearly missed Flaunt the tryst openly Dancin' the edge of the abyss Shear openness Envelops this whole vibrations within the soul Reverberate to the core Begin once more To blend and start a'new Whatever you may choose

#### A Night Before Christmas By Michael Griffis

T'was the nite afore Christmas, I searched for good tiding The only thing found was the whole world fighting I looked to the north, the south, west, and east Where clearly deciphered was sign of the beast I too searched the heavens, so far out in space Where satellites watching instead of God's grace

The dictators hung by the gibbet with care But first a good beating while tied to a chair

Al-Qaeda too was roughed up and trodden See morbid corpse of Osama bin Laden

I saw rampant murder and wholesale slaughter

A son that was hung and a stoned to death daughter

A classroom was filled with the dead and the dying

A whole town asunder on Christmas Eve crying

And whole thriving cities wiped out by decree

With maniacs taking what God gave for free

Indeed there were bullets and all types of bombs

With equal destruction for soldiers and moms

To those wouldn't leave, they were butchered like cattle How often these maniacs like to do battle

The Middle East churning with violence and death

Sadly at home it was still crystal meth America leads when it's death by a parent Seemingly violence and stupid inherent

And much too much too often, there's shooting en masse We seem not to notice, for this too shall

pass Now death by the numbers, the U.S.A

leading

Always dead last when it's science or reading

Nature too killing, with heat, cold, and drought

In Joplin tornado's did give quite a shout The east coast had Sandy with so much to say

A hard lesson learned is that nature don't play

Starvation killed children, as did dehydration

Pestilence seems never takes a vacation The irony here is that food too

was killing

Though it went well with the blood that was spilling

I searched for good tidings but they weren't to be found I listened for angels but heard not a sound.

I waited 'til dawn and the news never came

Sadly my friend, the times seem the same.

Christmas anyway.

#### Viewed From Within By Noman Theriot

Just doing time in the penitentiary. Laughing at the jokes told In the night, but our laughter is empty. In the corner over there you find them preaching. While over at the table someone's teaching. There's the ones at the table watching the news. Poets in their cube writing prison blues. Men under the stairs fighting over words. The only free things here are the rats and birds. People laying in their bunko lost in thought,

Stuck on the days before they got caught. There's a radio playing a new funky rhythm, has me thinking

Of family, man, I sure wish I was with them.

We spend each day living in the moment, Hoping for freedom till the day I own it. Knowing that eventually the time will

come, I'll put this life behind me, my time will be done.

Oh, I'll look back and see the walls and realize

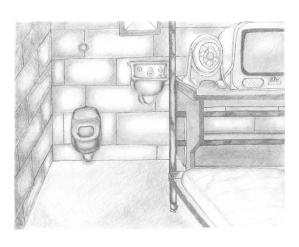
I'm just another memory fading in those prison halls.

I'll carry with me all of the lessons from my prison days.

And all of the words of wisdom that made me change my ways.

Oh they'll remind me there's nothing so precious as time,

Perhaps I'll remember that before I again turn to crime.



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#### When I Awake By Bruce Feaster

There is a place that I know, Inside so hollow, Where I don't allow, No one to follow.

In this place that I keep, Which is so deep, I fall asleep, Knowing the pain I'll reap.

When I awake. When I awake. Let me take, This time to escape

In this place that I know, I seem so hollow, With walls so high, You cannot follow.

This is a sacred place, Where I can face, All of my pain, And leave no trace.

With streams of tears And leaves to count the years The sun red with fear No one can get near

'Til I awake. 'Til I awake. So I can make. This dream my escape.

When it's cold I will hide, Within so deep inside, My emotions collide, And the moon pulls the tide

Inside I am safe with nothing else at stake But a broken heart And a dream to take

When I awake. When I awake. Let me take, this time to escape.

Merry

#### Speak Thou Easy By J. S. Slaymaker

In a manner most befitting Gentleman leisurely sitting; Whiskey sipped from crystal glasses. Come ladies now in private rooms Where heady lingers French perfumes; Swaying gently hips and asses. And oh softly croons a crooner The ladies knees part that much sooner; Bourbon in their

sassafrases.

#### Cholly Benjamin By J. S. Slaymaker

With pissing and moaning your voice keeps-a-droning,

Like insects a-buzz in a nest. With yipping and yapping your lips keep aflapping,

A cell warrior beating his chest. You titter and tatter and keep up the chatter,

Without having reason or rhyme. On goes your blabber, the jibber and jabber,

Believing yourself so sublime. Your circumlocution is not the solution,

For admitting to all you accuse. Your tired conversation and selfcelebration.

Have long lost their power to amuse.

#### Victim Awareness By Donald K. Brown II

Secondary victimization, Anger, pain, and fear. Paranoid ideation, Thinking "HE" is always near.

Every day a nightmare, Re-living every scar. Knowing the next horror Is never very far.

Barring every window, Locking every door. Not going to the mailbox Or walking to the store. My yard is now my prison, My house is now a cell. My little piece of heaven Has become a living hell.

Why did this happen? Where did I go wrong? Afraid of every shadow The night becomes so long.

Did he think about my future when he hurt me with his crime? When he gets out of prison I'll still be doing time.

#### Tracking By Lazaro Vazquez

I laugh aloud, uproariously amused

I have forgotten what lap I'm on Still I run. Many have passed me, But I have passed many. Breathing hard, Sweating profusely, Tired, Exhausted.

I'm catching up, Getting closer. They stop to rest. I will not.

#### 20/20 Thinking By Mychael Chambers

Manuel Antonio Gonzalez III

Eyes closed destruction Mind open'd to nothing But this burner Stands for something Life or death If I hold it long enough My life is next Pass'n it like hot potato Pop Now I'm locked in a box A quarter sentence The judge just dropp'd

Eye open suffer'n Mind seeing corruption But my brain stands from some thang Use'n it to unlock the locks Pop This is where the ignorance stops

Forward Process By Abdul "Dula-Dym" Fowler

Here I sit in creative writing class. I'm here voluntarily so it's no problem if I don't pass. However passing this class is not what I sat out to do. The goal of me coming here is to try and better express my words to you. There is a lot of my writing which is grammatically incorrect. I have a street way of translating my words, yet still come off with respect. I grew up in the streets, and spent a lot of time in iail. Still the vernacular I use is understood although it's difficult to spell. There's always room for improvement, you can never learn too much. There's a wide variety of people out there whose hearts I'm trying to touch. Some may be into hood novels as oppose to poetry. But still buy a book for the simple fact that it was written by me. Some may be into realistic fiction as oppose to sci-fi. While others enjoy drama and enlightenment because it brings a tear to their eye. There's a world filled with people but everyone's unique. Which is why I'm trying to be versatile in the way that I speak. I can't reach out to people if I can't talk with respect And I can't make a difference if I'm only in it for a check. Which is why here I'm currently sitting in creative writing class. Gots to do something constructive with nyself as oppose to sitting on my ass.

#### e Extra\_Ordinary y Anthony Spaulding

WE CHANGE THE WORLD BUT WE MUST BE EXTRAORDINARY TO ORCHESTRATE THE DESIGN. DEFINE WHAT'S BETWEEN THE LINES AND SHINE "Oh' you better shine! Like the

stifling suns spine touching the city limits sign in Napa Valley while I gradually sip a vintage wine with a vivacious honey that's "Ohh so fine; Like a mime in the stages lime trying to climb out an imaginary box of invisible crimes; Like a courageous thought in it's prime. Yes, with my mind, I can bend time. Fast forward rewind, 'I'm not here!' Disappear then reappear like a spinning

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sphere call me the 10<sup>th</sup> planet taking advantage of the exigent terrestrial. I'm extra! Rev'x out the ordinary. Very human but when I'm walking in the spirit am I a fearless black man with the hue of Jesus. Think about this memetic thesis 'kinetically' cause God walked the Earth 'heavenly' demonstrating faith with works and incredibly many doubted. Pouted as petulant babies because they knew in their heart it was something different 'bout this dude. Performed miracles with water, food. sickness so when I feed fuel equate the knowledge that's within me with the 'Omni' Tree of Life, breathe in when I release light permeate mortal understanding. Brainstorming a cure for all disease and global famine, peace for random violence, singing this sacred anthem to silence the ambulance and blaring sirens. Extra-ordinary; like Mahatma Gandhi, Nelson Mandela, more charitable than a Rockefella; better open up yo' grandest umbrella cause when I pray blessings reign royal. No more political subterfuge no more war over religious discrepancies or oil. 'my heartbeat' loyal to the patient truth's fault-let righteousness bank the cost of freedom justice and equality. So the Rev can break open the vault for the bouaht

the unconscious walking dead, content with living blind and lost. Be Extra! Rev'x

#### Guilty Until Proven Innocent By Sabron Stewart

Life of a convict, is guilty until proven innocent, especially when you hear the verdict, but I already heard it and reworded it to be heard again, but before I began to start again.

Guilty until proven innocent in the eyes of minority law.

I speak no truth, because of lock-jaw and drink my knowledge through a short straw and try to swallow my pride and regurgitate the shuck and jive. I stay full of knowledge, for a witty young man who never graduated college. Aware of the games, I study the cheat codes and reuse them like Morse code. My paper is college rule with three holes. I think outside the margin and learn between the lines.

Whats a public defender to a lawyer, as a prosecutor is to a judge, time, and more

money to keep brothers caught up in the funnies.

Momma used to say "don't get caught in the trick box" but how can you when the courts are magicians without wands. Freedom is baseball, three strikes and you're out of society.

Now we become victims of statistics, chained like cage mutts, how can we change much?

When time becomes a little too much, every minute changes like a clutch. I constantly wish I was in the 5<sup>th</sup> gear so they wouldn't hurt me so much. The gavel seals the plea deals and the deals revolve around meals.

The circle of law enforcers and their millions.

Therefore we become pre-cons before we were ever civilians.

What have we come to and where must we go to go back to, and free our heads out this slipknot noose, metaphorically speaking. We are guilty until proven innocent! Capeesh!

#### Spectre's Lament By James Jackson

Broken ribbons; strands of my mind come undone,

Grasping always for an island nowhere. Dim light, stone and steel, Mozart playing; My only friend a mouse with silver hair. Letters from Jennie that never were, Drawings from babies taped to cold walls. But resounding silence lured my tears, Razor blade beckoned too sweetly. Snow whispers softly outside cracked windows,

I watch spotlights capture others long passed

As gray suits, unknowing, check high fences,

As they did only moments past. Misery am I that no longer breathe, For from these walls I can never leave.

#### Piece of Glass By Benjamin Rivera

I am getting too old for this Continuously wasting my time and life away Like a broken piece of glass On the shores of a beach Relentlessly pounded on by the ocean's rugged water And its unforgiving sand

Sharp, full of edges, now smooth and dull Its shine and luster gone. No traces of letterina No label or clue to what it is or where it originated from Wasting away on the edge of life. Hoping that one day somebody will pick it up And give it one last look And recognize its former state of being At last, the feel of an unfamiliar touch Is so welcoming and unsettling My hopes are raised that maybe I will be a piece Of something meaningful once again And have a sense of belonging to something Instead I am jubilantly tossed in the air with carefree abandonment And then tossed out across the top of the ocean Skipping on the surface, skimming on the cusp of a waves edge Eventually my velocity slowly comes to a halt And the inevitable happens I sink to the bottom and I am forgotten By those who thought they remembered me And just like that, in a blink of an eye I never existed. A mere nuance in someone's life Eventually I will reach the shores edge A former piece of myself. Only to repeat the cycle Until I am no longer, but a grain of sand.

#### Tune in This Twochi Concert! By Joseph Sierski

These people keep tune tune tuning away Till eventually that Radio in their head will play play play & play. This twochi stuff is a serious way to do vourself harm 1/2 these dudes might wind up dead or in a funny farm. It causes short term memory loss like it's unbelievable Its effects upon the brain & a person's psyche inconceivable Because it hasn't been around long enough for serious study I've heard if you find the right kind it's guite lovelv I've also heard about a very explosive heart pounding sensation

I've heard it's instantaneous after only one inhalation

I've heard of people who ended up in a coma or paralyzed.

That's when I made a decision to abstain cause I realized

K2 is seriously bad for you

It's a creation of the devil & bad JuJu. The smell of its smoke stinks so bad to me

Just another reason our love cannot be

It's been known to bring on sudden

extreme violence

I have no desire to find myself in an ambulance...

Still these people keep on talking about it like it's way cool

One day they might regret the effects on their gene pool

But I won't be here to see if people grow three eyes

Or a penis on the side of their necks supersized

Cause one day I'll be long gone

Just left y'all something to think on I have no desire for "the concert" or what it

I have no desire for "the concert" or what it

Believe me the message gettin written is 100% true

God bless y'all & the new definition of a tuner

Should include what y'all do a lot sooner Still people should know the facts before their choice

So if I were there reading this I'd scream it with my voice

Use so much emotion & emphasis in hopes you get it

Maybe for my efforts God will bless it So this poem does the job I prayed it do Make a bunch of knuckleheads think twice & never use K2.

#### Comprehension By Michael Madrid

In all reality is this reality probably not 'cause I Suffer from insanity. This is a fantasy or just a crazy dream or a dream Inside another dream that's trapped inside another dream That goes on forever or that will never end The big question is when the nightmare

begins A little morbid just feed on it absorb it understand it

Until you wish you never knew it Then exhale and breathe now we can't feel a thing I guess I'm way beyond existence or maybe I'm just

Twisted

Demented in another dimension with no conception

Where life is just the period that follows the sentence.

This poem is reflecting on philosophy of what

Is real and fake, good and evil, right and wrong.

#### My Name is Meth By Earl S. Polk

I destroy homes, I tear families apart Take your children, and that's just the start I'm more costly than diamonds more precious Than gold The sorrow I bring is a sight to behold.

If you need me, remember I'm easily found I live all around you – in schools and in towns

I live with the rich; I live with the poor I live down the street, and maybe next door.

I'm made in a lab, but not like you thing, I can be made under the kitchen sink, In your child's closet, and even in the

woods

If this scars you to death, well it certainly should

I have many names, but there's one you know best.

I'm sure you've heard of me, my name is Crystal meth.

My power is awesome; try me you'll see But if you do, you may never break free.

Just try me once and I might let you go, But try twice, and I'll own your soul,

When I possess you, you'll steal and you'll lie

You do what you have to—just to get high The crime you'll commit for my narcotic Charms

Will be worth the pleasure you'll feel in Your arms, lungs, your nose

You'll lie to your mother; you'll steal from Your dad

When you see their tears, you should feel sad.

But you'll forget your morals and how you were

Raised.

I'll be your conscience, I'll teach you my way.

I take kids from parents, and parents from kids

your Home Your friends, your money, than you'll be alone. I'll take and take, till you have nothing more To aive. When I'm finished with you, you'll be lucky to Live If you try to warned me-this is no game If given the chance, I'll drive you insane. I'll ravish your body, I'll control your mind I'll own you completely, your soul will be mine. The nightmares I'll give you while lying in bed The voices you'll hear, from inside your head The sweats, the shakes, the visions you'll see I want you to know, these are all gifts from Me. But then it's too late, and you'll know in your

I turn people from God, and separate

I'll take everything from you, your looks

You'll give up everything—your family,

I'll be with you always-right be your side.

friends

And your pride.

Heart

That you are mine, and we shall not part You'll regret that you tried me, they always do

But you come to me, not I to you

You know this would happen, many times You were told,

But you challenged my power, and chose to be

Bold.

You could have said no, and just walked Away.

If you could live that day over, now what Would you say?

I'll be your master, you will be my slave I'll even go with you, when you go to your Grave.

Now that you have met me, what will you Do?

Will you try me or not? It's all up to you I can bring you more misery than Words can tell,

Come take my hand, let me lead you To hell.

#### Misconceptions By Otis L. Jones

Never will I allow the world to place in a box.

Because everything they believe me to be, I am not.

And everything they believe I am not, I am. Still, I never worry because my soul rest in God's hand.

Misunderstood by the world, never quite fitting in with my peers.

The perception of this life changes to me, with each passing year.

Battling for peace within myself often causes internal strife.

In the middle of the day, it seems the darkness never shined so bright.

But, never will I let the world place me in a box.

Because everything they believe me to be... I am not.

May God Bless the soul of a child who holds his own.

Because often Misconceptions causes what's right, to seem all so wrong. Death to Misconceptions!! Allow people to be themselves.

#### Dude, That's Deep Don K. Brown II

Deep so deep And long, and wide In this river of fear He rides the tide

Deep so deep The remorse he feels The lies he tells The trust he steals.

Deep so deep The darkness grows The pain he feels The shame he knows.

Deep so deep His resentment lies His anger dwells In his buried pride.

Deep so deep Inside his soul His true self seeks His real goal.

Deep so deep His guilt it rests His joy denied By second bests.

Deep so deep But he must climb free Because deep inside







I know he is me.

#### A Natural By L. Vasquez

Unorthodoxed in my ingenuity Innovative in my annuity. Self-educated, though I'm sure that they tried Two educations together combined. Next-level observations, I search for what's not seen Listen to their words and hear more than they mean More importantly, I hear what they don't

speak And find the secret motive hidden in

cloaked speech.

I rhyme because I can, I don't have to at all

Alive, and if I am, then the passion evolves So why must I be bland without fashion or gall

And die without a stand like I'm happy to fall?

Intelligent like a genius bored as a well Shakespearean: irrevelance was short when it fell.

The mic does the talking, it holds me in its hand

The pen does the writing, I just read what I can.

The paper is alive like a sentient being It whispers in my mind, I can see what it's seeing

The words give me breath, they're the reason I'm breathing

A slave to the ink, she's the beating I'm bleeding.

So when you speak of poets, poetic in poetry

Formats and formulas, phonetical potency, Constructs, narrative tone and imagery Never mention my name: metaphorical simile.

An excerpt from—Metaphorically Speaking Vol. 1—A message to the youth

#### Silent Moment By Garrett Lincoln Morris

Dead bird. Empty Nest. What came of you? Small abandoned one? Your little life, surely, scarcely done? Lone Grave. Pose of Rest.

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Dead Bird. Empty Nest. Said you goodbye to the ones you love? Before they soared away and above? Peace made? Feelings pressed?

Dead Bird. Empty Nest. This came of you, my little friend who, Unaware that feel now I for you... Still Mind. Heavy Breast. **The Pebble in the Pond** By Jonathan C. Holeman

The current flow gentle Rolling along, glistening Rushing softly over Aged smooth stone barricades Broken by the rains of time The glittering sifting sands Twinkle, like starlight Beneath a watery sky And along this soothing course Of waterfalls, streams, and rapids Is a small and silent pond And deep below the surface Shines a tiny beacon A serene piece of peace A forgotten relic Trapped beneath a shore And guided into a pool To show its light above Its message of nature Refreshment and beauty Bound by hope

#### The Singing Pen By Wen-Dell

I introduce my pen to paper and bring my thoughts to life. I give special curedit to my dear sweet mother, who taught me how to read and write. Do you like music? For you my pen is going to now sing. When I'm happy, she sings. When I am sad, she cries. Listen to my singing pen, for she never lies. She moves like a ballerina so gracefully. Listen to this song she has written for you and for me.

She can transform a blank piece of paper into a beautiful work of art. Words contain so much beauty, when they flow from the heart. She sigs of love. She sings for lovers like you and me. People without someone to love are imprionsed by loneliness. They're longing to be free. I often talk to my pen, when no one is around. She answers my questions without ever making a sound. I asked her, "Do you think that you could learn to love a man like me?" "What do you know of love," she says? I respond, "There isn't anything more precious in this world. Love is more valuable than money. Love is sweeter than honey. Love increases each time you spend it. Money decreases each time you spend it. It's not how much money you have, it is what you do with it that truly counts. Love is really all that counts."

My love doesn't cost a dime. The only thing I ask of you is some of your precious time. The more you love, the more you are sure to weep. Love for most people is simply too deep. Listen as the pen makes passionate love to may paper. Here's my heart, please take it. Before you accept my heart, you must promise not to break it. Love is the beginning. Mistrust is the end. Dishonesty is the enemy. Love is the true friend. Love is the beginning of understanding. Understanding is the beginning of wisdom and wisdom is the fruit of knowledge. I want you to save your love for me. May this song help you to see. Love is not blind. Love is simply hard to define. Puppy love is beautiful. Mature love is divine. True love is a lofty state of mind. Once you discover real love, everything will be just fine. The ability to love is inherently present within us all, but instead of rising in love, we allow other's to come between us, who most often, cause us to fall.

The song my pen sings will sometimes make you laugh. Sometimes you can't help but to cry. She is not perfect, but she does try. She says, "She couldn't survive without her paperman," and without her. I'd rather die! Without each other, we have no reason to exist. We have no purpose. We were created to create beauty. We were made for each other. Only a woman knows the joy and pain of being a mother. I know what she likes and she can read my mind, word for word, line by line. Everything I think is clear for her to see. Every passing though she records for me. She sings for other people; but, her heart belongs to me. I love to watch her dance. She will only dance for me. She has sex with paper, but she makes love to me. If you can read, she may give you a chance. It's only sex I tell myself, because only my eyes can witness her love dance.

She has her faults. Her poems don't always rhyme. I overlook er shortcomings and she forgives me for mine. She doesn't love me for my money. She knows that I haven't got a dime. She loves me for the beautiful way I make her feel all of the time. Baby, if it sounds good to you. It must be good for you. Sure I'd like to be rich, but without you, I would still be poor. You said that you love me; well, "I love you more!"

She sings, "Love is like a bank account. You can only get out of it, what vou put in. We became lovers, after we became friends. Relationships take time to build. Effort to grow and work to last. The kind of work that never ends." Sing that song for me again? Sweet pen, make love to my paper, over and over again. I don't ever want this love affair to end... Love is the beginning. Hate is the end. Hate is the enemy. Love is the friend. Hatred only serves to blind us. Love helps us to see. Hatred imprisons us. Love sets us free. You may share your love with the world, but don't give it all away, because I'll be coming home to you one special day. Yesterday you were his. Tomorrow you'll be mine so, let us value today! All my love! Donald Thetford

#### **Misery Loves Company**

Echoes of laughter haunt these chambers, still. Cascades of crystalline memories, unbidden, wear raw the landscape of my heart, leaving it scarred and tender. As I life awake, tears of regret spill quietly down my face. The laughter now taunts me; there's no hiding place. What will be will be, I am forced to accept with a heavy-hearted sigh. Perhaps this is my true punishment, where the mind cannot escape and the heart cannot mend...

Oh that this were only a nightmare! I would wake, to live again.

The night passes like a sloth, and my eyes grow dim. Sleep is a welcomed savior, into who's arms I wish to fall. Ah, but sleep will not come until dawn, if then. Thus I must endure yet another sleepless night, filled with memories of what if's and what-could-have-been's... Somewhere down the cellblock

run, I hear a sniffle.

Seems I have a friend

#### Daddy's Girl

I remember the daisies Bent and wilted, Proudly held in her tiny fist Do you like them? My daughter asks, Handing them over, with a kiss Oh, my, yes! I exclaim (Feeling a knot in my throat) But aren't you Allergic to them, hon? With a sheepish smile And a tiny nod, She comments: For you I'd pick the sun

#### Truth of Experience... Still Alive. By C. Wright

To think I would have learned a lot in a quarter of a century.

The eye of doubt winks to question my capability.

Now I sink, but just down the path a-ways. The morning sun reveals the future in the distance.

Through a smokie throat I hear a young man sing.

Fallen leaves claps to their own Autumn breeze symphony.

Together they harmonize survival through everyone.

Their song I learn or know from before and it lifts me rung-by-rung. What is going to happen when the lights

go out? Where is everybody who helped drown the fire out?

You may look, but there is just one truth; the truth of experience.

Wake up in the new year.

Travel north to see the snow.

Go see your friend, bring him cheer.

You might find him just sitting there-

Waiting to move because you never do. There is a band down at the club tonight.

Go see what they have to say:

Where they've been,

Poetic history.

Knee deep in their quest for knowledge. My favorite show has become the night sky—on the rooftop high.

There are plenty of special guest starts and a trillion-mile screen.

My girl is here in my arms—infinite dreams.

There is a rainbow around the moon tonight.

We stay home and drink the 'old' beer. Starshine innuendo holds us tight. We see and hear th movie in the atmosphere.

Out of space, but out alive— Still alive under the phantom tide.

#### Sweet Reminiscence By J.W Johnson

Time seems to stand still, As the memories Of my yesterdays Occupy my thoughts.

And feed the beat Within this lonely heart.

A place I go To get away From The harsh realities Of life.

Summers were special. Love was easy. Naivety was bliss.

A pick and choose photo shop, Of perfect flash-snap shots.

I see the smiles, Hear the laughted, And feel the warmth inside.

At times it's all I ever have, To make me feel alive.

#### Different Forms of Seeing By Cesar Molina

So much to see, even with eyes closed there's so much to see. While out in the town or when falling asleep, how good can Appearances be? It all depends on what your likes and dislikes are right? As for me whatever is clever; as I always sav when we're not Sure of what to expect. All we usually say is "we'll see." From anyone you could see anything in a response to a question One might have. It is there to see! "Different forms of seeing"... Or you could see much better when wearing spectacle eye glasses Or through a sparkling clean windshield of a car "Different forms of seeing"... Camera lenses, old and young people alike, they see any form of Being-the object, subject it is there to see! See whatever and however you can!

Seeing is seeing, we all do it, as the phenomenal world reflects To us—endlessly like a mirror. Is the reflection too bright to see?

#### Blind Lovers By Brandon Rushing

Their secret passion, Silent whispers in passing. Lingering embraces, Hidden from the world. Was a smoke thin veil, A translucent image. Pale gossamer coverings. The gossip on the town.

#### The Velocity of Pure Consciousness By Dion Coleman

To be able to reach deep, beyond the shallow. What freedom! Notice yourself and you will notice your freedom. In order to fly you must open. Have you ever seen a bird fly without opening his wings? To soar into the extremes of the universe on must open We are born to fly, or like a bird who decides he will no longer Open his winas. Your life will plummet! By remaining open you will always fly, grow and change. When you land, it may be on happiness or pain. But if you remain open you can fly to the next. Or remain closed and find death in your depth.

"Summers were special. Love was easy. Naivety was bliss." -J.W Johnson

#### Can't Imagine Arcanum By M. Griffis

T'was I that said never forget And too how much do you bet My words come to pass Like a Piglatin mass Much to our woe and regret

And too it was I that had noted The CIA turds candy coated From Senate to Merkel Completes not w the circle And we think was Snowden that gloated

See now director explain How agency circles the drain Deny, deny Then lie and lie That piss on my back isn't rain

"Beyond the pale" he ranted "Seeds of deceit have been planted, honest as scouts It's only you doubts" Two weeks and now he's recanted

And now to the public, "I'm sorry" From glazed over eyes that are starry Yet still in the skies Are satellite spies Like wildebeest on a safari! Robert Tashbook (Hebrew translation)

Geshem b'Sheol Ya-ace ha'macomb Gan Eden Hoo ba'protrot

Shelach es amee V'avduni, Moshe a mar Elah lo sohgad

The rain in Hell Makes the place quite heavenly Devil's the details

Let my people go So they can worship, he said But, they failed to pray

#### Jagged Thoughts By Christopher Hopkins

Raped of humanity – stabbed with justice and morality; For under the skin is soaked with consequences For the sin I'm in!

Expired mentally, absorbed into the system – imploded Psychologically to understand the judicial. Never-ending thoughts tip-toe on chicken wire, a

Postmortem date past time to expire

Victimized, scrutinized – downcast by society – Under the microscope of felons. Whose the Real criminal?

#### Hola Ebola By M. Griffis

It seems now that trouble has landed With doctor infected and branded Nothing to fear Ebola is here What say ye now of my candid As eight hundred bodies lay dead "Trust us" the government said "We think it's contained 'Cause we're so well damn trained. We're betting your lives it won't spread "For we have technique and finesse And too have the good Lord to bless" Remember the pox We let loose in a box This too is a pool of cess Already I'm feeling much better Watching them work by the letter Gloves, caps and gowns Not litter our towns And I feel the need for a sweater There just isn't nothin' as scary As "Trust Me" responding to query Or government masters That flirt with disasters

Turning serene into hairy!

#### My Temper By Don Jose Antonio Saez

When I have lost my temper And my cheeks are flaming red. I always entire something Which I wish I hadn't said.

In anger I have never done A kindly deed or wise,

But many things for which I felt I should apologize.

I'm looking back across my life To everything I have lost or made, And I cannot recall a single time, When fury ever paid.

So I struggle to be patient Since I have reached a wiser age. I do not want to do a thing Or, speak a word in rage!

I have learned by sad experience That when my temper flies, I never do a kindly deed, A decent deed or wise!

#### Wicked Anatomy By "Terry Lee" Nelson

To this soul this heart appertains In meaning to the reversed side of this brain As blood turns to acid so black Coursing through veins starting to crack Bones upon bones become ashes of time Slurry of bodily fluids now a crusted grime Testaments of life in finality Memoria of fated totality Truth is all but wicked lies Impale the irises of these dving eves In these last moments of breath Taste the flesh before claimed by death Sins of the father or imperfections of the mother What is the blame when there is no other So mother Death and Father time Come claim what is not mine Anatomy a shell for this soul In this dying Life has no control In my Hands place a black rose Lay me in supine pose As this Anatomy gives in to Death So sweet is the morte in this last breath

#### All I Can See By Trent Boon

When I look in these walls Is bob wire fences And long concrete halls If my time stood still It wouldn't surprise Because that's how it feels When doing this time Everyone's there When you first take your full Then years pass and no one is left there at all So I wait for the day That all I will see Is these prison gates Open up just for me

#### Dreams By Don Jose Antonio Saez

Drift away in a dream And leave behind no legacy Nor scriptures of impending Prophecies to contradict realities' lies.

Breathe the fragrance of fantasy And then behold insanities sane realm Through a blind man's eyes!

Forsake physical agony While seeking mental ecstasy.

Listen to that siren song Conceived in mystical love Inspiring foolish hearts to hasten Beyond the beckoning threshold Of the dream keeper's door.

#### -Untitled-Kellon M. Williams

My eyes have captured the moments spoken Exuding life to the lifeless. Breathing energy swimming about, past the anguish. To the water falls Genesis of existence. Where the inhabitants of pretense, In subtletv exist. Between the makeup of dialogue, The flow of this. Lately been walking with a bit of pretentious, Notions in my presumptions, By letting the future you be, The maestro of consumption. Change was made from within to the brim, To the skin, whence darkness found its function. Such an imposition to tread in the garden, Gazing upon the dawns of one's heart. Grey mornings highlight the rays, The displays leaving silence an awe. Thoughts like "can time stand still if but for a minute," Used to be said amongst them when feeling prestigious.

#### Lost Identity By Kevin Harrison

Thoughts of when I was a youngster, Tends to captivate my mind,

Grew up lonely, at a loss for words, Till I started drinking wine, Then I found that I could fit in, Anywhere and anyway, Man, I wish that I knew then, The things I know today, I would've never, smoked that weed, I would've never, joined that gang, I should've listened to my O.G's, But I chose to sell em cocaine. A product of my environment, Or at least, I thought it was, Yeah. I grew up in a broken home. But I can't say, there was no love, It all started as fun and games, Now I'm strategizing for survival, Huey P. Newton and Maya Angelou, Were true strong black idols, Now I desire to make a difference, Sick of seeing my people struggle, Looked down on and criticized. Like we're the reason, for all this trouble. I ain't never owned no boat. And I ain't never flew no plane, From the beginning, we were victimized, So how in the heck, are we to blame, Railroad then shackled up, Man, this is no longer a game, They got me trapped, inside these prison walls. With a number, for a name.

"Notice yourself and you will notice your freedom." – Dion Coleman

#### Four Quatrains: By Kellon M. Williams

Fall! Fall! Descending to nothing Sleep alludes me so still I function; To float within the cold of night Would be the birth of my delight.

The scrapping of machinery dictates life, Like sheep bleating from lost sight. Spoken words from calls stops the flow; When realizing a legacy's no more.

Prisoners are caged when they obstruct the line,

Freedom is gained by sleeping away time. Who fashioned the stasis to be so bland Like lukewarm water saturating the gland?

Outside the air is fresh and crisp, Inside the fans blow on her lips; While the sweat rolling down her neck, Glimmers brightest on the nape and breast No Name

#### **Eternally Bound**

Eternally bound—she'll forever know my name. Of all the air in the world her and I share the same. I am because she is. She is because I to. Death cannot hold love. So, forever I'll hold you. I feel you in my chest: a beating, rolling, thunder. What GOD has joined together let no man put asunder. Past time. Past space, distance, and opposition Where your heart is, I am. I make GOD my Witness. I love you with a passion, extended indefinitely Eternally bound. Her and I...

... We

#### Restless Sleep By Francisco "Bule" Ramirez

Someone said it Never waste an opportunity I hate to accept it Worlds purloin serenity

And this happens When good graces preserves the mind When seein' an act opens But Futile away behind

The way I have no authorship The way I have no loveship The way I'm like an abandoned sunken ship Is the way I'm here delopringlyship.

The way profound Feelings grow to itch The way press for time on me stretch The way all of this is Farfetched I wish I could just cease of existen' instead.

His words were prove to be true Bein' Far hurts just as is Dreams that could never come true I got tired of all this And it doesn't hear repeatin' I feel terribly cheap By this terribly beatin' That have me on a restless sleep

The way I have no authorship The way I have no loveship The way I'm like an abandoned sunken ship Is the way I'm here delopringlyship.

The way profound Feelings grow to itch The way press for time on me stretch The way all of this is Farfetched I wish I could just cease of existen' instead.

#### Sestina: The Poltergeists By Maure B. Wade

Kali: Going forth that day to fight the poltergeists I was surprised to find it had such cunning, Avoiding the moon in thickets veined and dark. Ready to spring and stun the hunter's arrow Useless. Then the girl came, knowing The danger, knowing the only weapon, fire. Trapped by trees and bushes blooming fire. The spirit burst the thicket. I saw the poltergeists Pierced by the girl, and loved her, knowing Release, while at that moment, woman's cunning Fired a brand that flew, straight as an arrow

To smother me down into this flaming dark.

Oya: Far from Africa where I had sucked dark Wild milk, I saw in Jerusalem by fire— Light what Kukiyu called The Man. A woman's arrow Slew him. That was all and yet, the poltergeists Has watched me since, in dreams, with heavy cunning Eyes. Women say that prince died without knowing

What consumed him. I understand that knowing And fearing white eyes in the moonless dark. I have eluded them till now, with cunning, But now, fast as I run, my breath on fire, They gain the race. I scream to see the poltergeists Now armed, rising to plunge his burning

arrow.

Artemis: Men said her body was a curving arrow

When she ran, almost as it, knowing Defeat a transformation, she fled a poltergeists

Rather than a man. The world turned dark For many a loser, but the slow fire In my brain was one of Hell's cunning.

Three brass-bright apples, wormed with cunning

Spells tempted her path, and broke the stiffened arrow

Of her form. I won the race. In fire Of victory, I took her, even knowing She blazed with her defeat. The mooneved dark

Saw our skins flaming, like two great golden poltergeists.

Kail: Knowing the poltergeists is only the start of burning.

Oya: Poltergeists cunning turns all arrows inward.

Artemis: Both slain and slayer must share the same dark fire.

#### The Child Within By Robert Patnoude

How deeply afraid I've always been Of the lightness of being and the darkness within Ever since time as a memory for me The dark side has reigned-A corrupt monarchy How deeply I've felt apart from the norm Of not fitting in from the day I was born And how does a child, like a dog in the pound Learn how to love in the lost and the found And how does he bury his past like a bone Of contention and conflict—a childhood alone And how does he learn that he does belong That it's ok to cry and to sometimes be wrong And hot to discover that a hug and a kiss Are better by far than a leash or a fist And how to recapture a childhood lost

To memories of hunger and anger and frost In the cold barren solitude where I survived Like a stray on the run, never dead nor alive I longed for a day when my life would begin For a chance to recapture the child within And a chance for a love that transcends all time No matter the circumstance, the place, or the crime How deeply afraid I've always been Of the lightness of being and the darkness within

#### -Untitled-Andrae Stradford

Delicately wrapped in glee Apple blossoms bloom Fourth of July booms Sneezing itchy throats Skunks and bears out of their lairs Insects and creepy crawlers Springtime is here Summer is near You look great with grey hair Happy Birthday Mama Bear

#### Turned up & regrettin' it! By Joseph Sierski

Did God ever speak to you through a sona? Which made you wish you didn't used to sing along... Cause now you might know its melody yet its words' all wrong. Since you memorized it now the message is clear & true; These words have their special meaning just for you! Or is this since I idolized music it's my false god? I know these thoughts seem kinda odd... Yet it's happened again & again. So I wonder will it occur again & when? Till it finally does all over, usually I cry A zillion reasons flash by in the blink of an eye, Yet I usually settle on the one most important; Why have I been so stubbornly blind & insubordinate? Couldn't have followed the rules & obeyed more quickly? How come I as bred to have a head so

How come I as bred to have a head so thickly?

Took 39 years to realize drugs = forbidden fruit... Since it's been chewed up, swallowed & smoked that's moot. The knowledge of good & evil is what's good but evil too! All alone we were told what drugs'll do to you, Yet my dumb numb A\*@ wanted to hallucinate? Wow how now my mind likes to exaggerate! Especially when filling in the blanks of what I hear. Or what's just out of reach to the normal ear... Oh I still hear... Scary little messages that travel upon a whispered word What in my right mind could've been easily written off as absurd... Insomnia brings it on in extreme intensity Till they're coming guite often in high densitv Not to be confused with high definition. My vocabulary is above most so more words can rendition Over & over some days till I just can't take it... Yet it'll do no good if I smash my radio & break it. So I guess I'll just act like I'm fine for a while & fake it... Sometimes fun & amazing sometimes so scary I wonder... Will I make it?

#### I Am From By Kellon M. Williams

I AM FROM... Wood floors under tin roofs and Hurricanes in June. The swish from machetes and Handmade straw brooms. Powering up in the oceans While bathing in the rivers. Brown wood with bright colors, Insects with a bite you wouldn't believe of. The smell of callalu and dumpling soup, Nutmeg in the shadowing chicken coop.

I AM FROM ...

The sea grape, mango tree, coconut and breadfruit. The skin-up tree that allowed me To see what flows from the family jewel.

I AM FROM... Cornmeal for breakfast,

Tea and biscuits at high noon. Graveyard as a playground With the sweetest treats around tombs.

#### I AM FROM...

Prying the rosary on Fridays, Fasting the same day. All white on Ash Wednesday, Sleeping in the jungle When it's time to get away.

#### I AM FROM...

Jabbs Jabbs, glow bugs and Carnival in the fall. I am from Theresa Jacinta and Micheal Samuel.

#### I AM FROM...

Hard work and determination with a will, Vegetables and rice, fresh bread with every meal. Discipline with the quickness When restrained words start to spill.

#### I AM FROM...

"Make haste nah mon! Ehhh wadda you!" And "Me ah box yah the head." And once you traversed over water, These are the first words ever said:
"In America you gotta work ten times as hard, Unlike dem boys out there, playing the yard."
"Boy, gonn got two strikes against you." (Spoken words be ever true)
STRIKE—1: They'll only see you in their eyes as a black man.
STRIKE—2: You're a foreigner, be bad they send you back man!

#### I AM FROM...

Strike the nail alright bwoy, Hit is on the head. Strike wit all your might bwoy, While the fire's red. When there's work to do bwoy, Do it wit a will. Those who reach the top bwoy, First must climb the hill. Standing at the bottom bwoy, Gazing at the sky, How will you get up bwoy, If you never try? Though you stumble up bwoy, Never be downcast. TRY, TRY AGAIN BWOY, YOU'LL SUCCEED AT LAST!

#### I AM FROM... The inside of Cathedral churches on Sunday, Eucharist in the palm. Saying prayers to the Almighty

Before the break of dawn. Ethiopian Animism blended with honoring the Virgin Mary, Chants and Drumming in the hills, As a youth left me very scary.

I AM FROM...

St. Georges Grenada and West Indian Ancestry. African tails and Spanish sails write my history. Big pots for Sussie, salt fish and banana. Correct me not bwoy, potua be the name of the gramma.

#### I AM FROM...

Phrases that speak, such as: "You remind me of your fatha, Ah lady's man who loved till it hurt. Mechanical mind of genius, Who but couldn't spell cat in the dirt."

#### I AM FROM...

The sea turtle shell and conch shells, In the homes where I dwell. Family bibles like mini tables That expel the demons back to hell.

#### I AM FROM...

Plush carpets and tile floors, Mopping the floors on all fours. Granite like formica type, Covering up the draws. Driving lessons from golf carts, Mercedes and the Grey Jaguar. "Tickety, tickety, tickety, tickety, That was my car!"

#### I AM FROM...

The second window story ledge, My perch. Neon lights I kept bright Whence shadows would lurk.

#### I AM FROM...

The heart always, Giving it all in all ways. Passion under stilt houses As the rain plays.

#### I AM FROM...

The right knee genuflect, Tilted neck for the peck. Hatchet demos for respect and Strain of neglect.

#### I AM FROM...

The Psycho analysis for a battered wife. Therapist for a battered life. Cocaine and mushrooms to shield The pain inside my eyes. Smocking hydro and red hair. I Love You's when I don't care. On my knees staring up, Begging please take me there. An Island boy down to the depths of my core, Who gets empowered every time they say "Daddy, I love you more."

#### I AM FROM IT ALL....

#### Sojourner By Lucky General Borg (Greg Buck)

The daylight slowly slips away— Beneath the darkening skies. I feel myself begin to stir, I bid my soul to rise. Take me from this wretched place— Into my blessed home. No longer can I bear to watch These streets that I have roamed...

#### Ambitious By Jonathon Rininger

The ambitious are vicious when wishes come Provokin' the push and pull until the list is done. Relentless with the persistence of a lookin' junkie. Shouldering to the top with a skillet, cooking monkeys. The scary who tarry actin' merry, but really weary Mold up like dairy with the animistic poison they carry. Defiance towards any alliance only fuels riots. Loneliness you can buy it, the top's on a diet. Slim down lookin' grim now, the cycle trims nouns Merely fighting dim rounds, so they throw in his towel. All shots at the rim foul straight out of bounds. Words generate so much power; how can you doubt the sound? Here clout is found and brings goals to empower success. Laziness brings the uneducated guess that sours to a mess.

#### In the Markey By Eddie Menetee

I stand—In the market to be seen—Yes, I want

Existence—But not that of a thing—Damn this Translucent body! Unnoticed in the scene—behold My dread supreme.

I stand—In the market to be heard—But Every time I speak—It all seems so absurd—Speaking Into nothingness—My words drown in the herd—Each stare must be endured.

I stand—In the market as a dream— Indeed it feels So real—yet hidden in the seams—seems an utter Nothingness—A nothingness that screams—The glitter's lost Its gleam.

I stand-In the market-Still.

#### Change

By Nathaniel Vowalsin Dedicated I count the days As time fades, Holding no regrets, For the mistakes I made, Depressed, Stuck in a cage. Against the clock, I'm battling age. God forgive, I'm stuck in my ways. Heaven forbid, And help me to change.

#### Moment of Silence By Michael Griffis

There's been so much killing it's hard keeping track Though seems like our children are leading the pack It's made all the headlines, the doom and the aloom We're now shooting babies while still in the womb It's wholesale slaughter and death by the lot Our children are smothered and lined up and shot They're drowned in our pools, our lakes and our ponds 'Tis how we are choosing to sever our bonds We now kill so many we're no

longer shocked

We are though belittled, and so often mocked

For we tell the world, we're greatest and best And our way of living by God has been blessed But ashes to ashes and too dust to dust It doesn't appear, as we claim in God trust For thou shall not kill is indeed a command We take it as solemn as laughter that's canned Love one another, that too a tall order For when we are killing we offer no quarter Until we can change and repent from our sin Mankind will suffer again and again My prayer and my wish for this warm festive season We open our hearts to the spirit of reason Joy to the world, and too peace on earth If indeed we're the salt, then we need prove our worth.

## **RJ Clayton Poetry**

#### Before the disease A Cure is Born

The cure for your careers May be found in some lobsters Don't forget, the crustaceans too Everyday do make drink That your blood may not stink Hibiscus tea, cloves and cinnamon brew So please - make no mistake -Ginger eat with mandrake Inside hulled barley, every day do With all our crabs and starfish We - as a whole - answer their wish This evil, we may now subdue Daily slice your raw potatoes Top them with much brown sugar Then consume them, before you're consumed

#### At 13- The Game Begins

There are demons assigned To us all at our birth A few tricks up their sleeves They confuse our true worth Yes they all set the stage For a purpose and goal To convince you and I We must give them our soul

#### Enchanted Voice

The name that I cried It gave to me truth Believe that I died Yet I still have no proof But truly, I've seen The voice that's so great She's forever the queen! Please make no mistake

#### The Awkward Stare

I use your picture To mark my book It's rude to stare Though, I must look Not yet your page But I skim through Just for those words That I call you

#### A Political Lie

There are recycled chemicals Coming forth from this spout And a little bit of sewer water Going inside all of our mouths All of this blackened frost Yes they will surely say "We won't burn any more coal No, not even for another day"

#### Money

Everyone agreed And so, it took hold Defined it's own creed A darkness, so bold The name that we gave, Almighty - A THRONE -We lose at the grave Its power, all gone

#### To See the Truth

To you I give truth Even though You won't believe Remove all Of your superstition Evil uses Just to deceive But forever In her service Your soul It must be This price All must pay If you wish to see

#### Guardian

A giant cat With yellow eyes So many names Are her disguise Beside a mountain She quietly sits Light houses are proof That she exists

### **Chad Frank Poetry**

#### Monsters

Children do battle With make-believe monsters while Reality lurks close by Watching and waiting For a chance to make them prey.

#### A Wonderful Life This Isn't

Houses burn down People die Children cry Pictures survive Jimmy Stewart lied--A wonderful life this isn't

### **Dexter Rabadan Poetry**

#### That Was There?

The singer sails westward Winds of an old gust drive on The man-waker heads west The singer follows Not wanting company of the wave-waker For day is not over, eternally Perched on a money-ladder Eagerly waiting for him? To catch up The day is not measured on the west nor is the wing-holder Time is of no essence Die, dead Live. die Born dead Like the sunset We rise, fall Birds sing And man-waker moves west As if in a hurry

Time right behind him? The singer follows Eternal play of day

#### <u>Just Go</u>

There is no erasing in Poetry No I think does or noes Pure non-stop flowering Of the mind No eraser marks-Only scribbles

#### Fear Not

Why must you fear a horned evil-doer? Why must you fear evil? When the one you must fear is the One who claims of not sinning Banging his book containing all of Your secrets- the ones you've brought To the grave Total number of breaths is documented As well Why must you fear the devil who Knows nothing such And not god who has thrown billions Into a lake of (fire) With no explanation to the action Only that you did not fear him or his so Called son Why do you fear death when god is alive Peeking over your shoulder when you Think you're alone Why fear the devil little redman pitch fork Attached And not god creator of life as well death Why fear the devil who sits beneath While god treads on water and presents Himself as a trio to billions unaware Of his presence Blind if you lay a single eye on him The devil is the least of your worries God is the creator of pain and death and Sorrow-god is the reason you cry confused

And you blame the devil

God have pity on your soul, fearless

#### A Fly In My Eye

Balancing your hopes dreams on a Tight rope can be dangerous But none the less you must Carry on forward Going knowing you can't do what is Planned But with pure stubbornness You will not accept defeats fit There's no swallowing your pride for This is what you've dreamed of Who is quitting to tell such absurdity Go! Run! For the next seeing of the blood dawn Is not promised! The fly knows this Are you dumber than a fly? Go.... Run... Fulfill your fantasies and wants Because you only live once And to live, my friend, is to let death Straight through the door Aim for first, never for last You must go on as if every Breath-step! You take is Your last Dead man walking with Dreams to be fulfilled

#### Me

Rejected by the devil Ignored by god Unseen by many Devil reject Ricardo Dominguez

#### Directions Found

Amidst torrential circumstances, sprouts purpose Independent of currents, his nature Endeavors to elevate inspirations For he that drowns at last has directions.

#### Manipulated Soil

Ignorance curtains standards that inspire As cascades scatter the course of purpose The obscured paths convert constantly When sediment is swayed so naturally Rare is the soul, if it exist, that can escape from its existence. Psyche's survival requires for us to be exposed to, infected by, and swayed with it as our nature demands it. Yet, it is criticized,

ridiculed, and marked as flawed... fools! Have we not embraced it and applied it in doing so? Judgment itself is the quintessential elysium of it. With it as sword thus sands are slaughtered, with it as shield thousands are rejected.

Then let us see it as it is and accept that we are no more than wild animals without it. But then, even wild animals are its adaptation. So it is you then that miraculously exists without it that is flawed, in error and contradictory to an existence. Create nothing in your image!... if you have no vanity Prisoner Express CRESP/Durland Alternatives Library 127 Anabel Taylor Hall Ithaca, New York 14853-1001 www.prisonerexpress.org Change Service Request

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"Be the pen that writes our history. Be the ink that refuses to be erased."

Rudy Francisco

"The analysis of one's own interpretations is more often than not a mirror of ones self-make reflection. Life is such that it does not escape the darkest abyss nor the brightest illumination of our being. For better or worse, we understand what we've created not as it is but as we create it. After all, we made it. And thus, even as it is named, labeled and categorized; it does not exist without our making it so. It is what we want it to be and it is what others see it in fit to be... so it warps, transforms, and molds into anything and everything – except what it truly is" – Dexter Rabadan