# Prisoner Express Poetry Anthology



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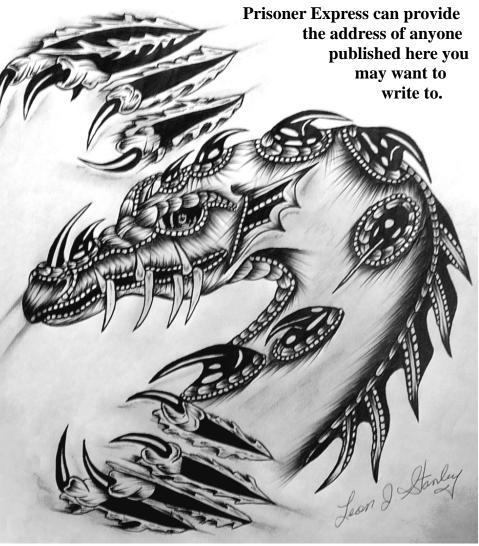
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... and to everyone who sent in their poems!

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# **Buddhist Prayer for Peace**Willie Jenkins

May all beings everywhere
plagued with suffering of body and mind
quickly be freed from their illnesses.

May those frightened cease to be afraid,
and may those bound be free.

May the powerless find power, and may
people think of befriending one another.

May those who find themselves in trackless,
fearful wilderness: the children, the aged,
the unprotected,

Be guarded by beneficial celestials. And may they swiftly attain brotherhood.

#### Unicycle Eric Michael Street

We look at Nature and
Our nature is to classify
To satisfy some drive to
Draw lines between such
Things as cannot be divided then
If we minded our surroundings
They're abounding with ample
Obvious examples of how things
Such as a plow are simple
Holy symbols of the unity
And infinity of Birth
To Rebirth for Life
Is rife with Death and
Each last breath is our first
On earth.

# Realm Starkim

How did I leave without moving? They sold me to the state that raped my community, I just wanted a slice of the moon and sprinkle stars all over it, plus taste the Earth's crust. I stood still, the only thing that moved was my thoughts. My soul frozen.

Take away sound and think out loud rest your ideas in a volcano, creating erupts. Headaches of reality. I opened my mouth to yawn, bored by my pondering. I questioned my existence and held my breath tasting the lust in my heart. Drenched in my own filth, I nearly drowned in affliction. Regurgitate my weakness in this realm, it rained lava, acid rivers, I cried chemicals. Flowers died the hour lied, time was wrong. Words of winter fall then spring back up because I miss summer some her.

I slept in placenta before I could remember, I laid in

this book, the pages became my blanket, the words warm and gentle. Imagine thinking of yourself, what would you remember?

The aggression that I held was for my purification washing with my own blood, I held on for dear life, clutching on to my sanity. An explosion of my thoughts brought forth a change in my realm of relativity. I regained my relevance. I hear the song of reassurance, it increased my endurance, I felt the rush coming over me. Slowly it felt like the softest fabrics, clothe me, console my spirit, make time move faster, free me from my enemies that hold me captive against my will.

# A Letter to God Jonathan Thompson

dedicated to Dr. Maya Angelou

I understand that it all starts with me So I ask for wisdom as I bend my knees Lord I give my battle up for you to fight And I open my heart to your guiding light

Father you've brought me through the storm But still my life is far from the norm So I keep praising, for you have saved me And promised to love me for all eternity

You have given me another chance to live And my broken spirit you have healed So in return I will sacrifice to save another And share your glory with my sisters and brothers

As long as I am here
I will be used
And as long as you shine down on me
I will give all praises to you

## Stream of Life Charles V. Anderson

Life is like riding down the river,
Listening to Mark Twain, as the banjo
plays on. As I see the swamp bird rise
from the water's edge; as the mosquito
bites my neck, I see the alligator
watching through the moss like life
waiting to take another bite out of time.
I find myself following this stream
searching for an end in the water's depth.
Sinking until I'm gone and I find myself old
and know life will continuously flow
down this stream of life.

#### My Revelation Ben Winter

Do I dare compare myself to the desert prophets of old Were Mohamed and Moses as tortured as I In this desert of the mind and soul

Mirages of hope dancing before tearful eyes A promised land of nowhere and nothing A myth, a dream and a lie too many time told Too many times believed to be The truth absolute By simple hoping fools

And I wonder...

Where is my revelation supposed to be Where is my virgin statue weeping blood My Lazarus, my manna from heaven, my water to wine My arise and walk through parted Red Seas For I have delivered thee!

If isolation leads to enlightenment
I should be the wisest being
A laughing Budda, a Soloman, a Confucian sage
A Socrates or a Plato
Whose wisdom echoes throughout the ages
Lingering in the minds of countless generations
I would build a world of philosophic glory

And still I wonder...

Where is my revelation supposed to be
What mystic truth will solitude reveal to me
What god or goddess will appear to me
Through clouds through visions, through angels
Through burning bushes of hallelujah chorus
And brazen trumpet fare
To share with me what it's all about

But I guess I'm too full of doubt
To believe in distant desert mirages
And any angel I've seen
Must have been a dream
Must have been my mind hallucinating and playing tricks

Anything I cannot enclose with my mind is fable, False, illusion, error, a lie, a grave mistake of some kind And even though I've tried so hard to find them I dismiss the miracles I've seen

Left to wonder once again Where is my revelation supposed to be

# Today Is Thy Only Kingdom Jackey R. Sollars

Today is thy only kingdom,
A minutia of life.
To get all wrongs right
Marching to thy own beating drum,
Seize this opportunity!
Flip the bull by its horns.

Dance with all the storms. Become what thou ought to be.

Cast fear upon a gale wind.

Muster courage, strength, achieve victory For many the trials as well as the enemy.

Testing thy faith's compassion,

Blessing the thy peace and wisdom For today is your only kingdom.

# What Was, And What Is Jonathan Thompson

I have seen smiles and peace on rainy days
And I've felt shame and pain in many ways
I've come from nothing to become someone on this earth
And I've seen goody two-shoes fall from grace to less
than dirt

I've seen those thought to be dumb learn in society And I've seen educated people fall to stupidity I've seen love over-ride hate in the hearts of men And I've seen hate for men in the eyes of women

I've seen the weak make a stand and become strong And I've seen the strong break down and do wrong I've seen the forgotten remembered by their past lovers And I've seen the unbreakable bond crash between two brothers

I've been through hardships but I have a better day in sight

I only pray that I'm blessed to make it through the night And there will always love, hate, smiles and tears, I'm your witness

And no matter how we live it, life will always be what was and what is

# Penitents Ronnie Gurganus

Shortened spires
Trimmed in white
A thousand moving minarets
Clouds of dust meet waves of heat
Beneath the solemn druid feet
As they circumambulate
Like Muslims at Medina

Mendicants and proselytes Forced to worship reverently At the State's unseemly mosque Of incapacitation

Minatory elocution Builds redoubts of retribution Zealots of authority Construct cloisters of control

Arrayed all the same With like minds and like colors Sit promethean vultures Disaffected and cruel

Under the big top
The psychotic, sad circus
Arenas of power
For the empathically challenged

Where pageants of time Parade lazily by

Habitués of urban fen
Become monastic denizens
Brothers; blood-kin
Tied by suffering
And by guilt
Circumstance adduced
And in some fine
and fancy way
Immolation is redeeming
And they find
The martyrs swinging
Safe passage bid
As we cut them down

So someday may My soul return When wiser heads Learn to prevail To fiddle while Old Texas burns



Humanity reduced
To obsequious syllables
Truncated horizons
Lives interrupted
Loves left to die

Sublimation of legal misery Played out in courts And on tv Legislators, cops and judges Self-appointed Vanguard of morality

Amid new cries And forlorn walls Of justice— Somewhat delayed

#### Each One Teach One Brandon Jamal Dixon Sr.

The more you learn, The wiser you become.

The wiser you become, The more you have experienced.

The more you have experienced, The more you have to share.

The more you have to share, The more opportunities you have to enlighten others.

The more opportunities you have to enlighten others, The fewer mistakes they tend to make.

The fewer mistakes they tend to make, The more options they will have.

The more options they will have, The more they are taught.

The more they are taught, The more they learn.

# Vetus Error J.S. Slaymaker

Poisonous spider, vampires and trolls, lurking beneath the bridge of our souls. Demons and evils, monsters and fiends, pit us to the maiden, cross and guillotine. The Blood of the Lamb upon our doorpost....

Satyrs and players, users and more, all of genus psychic carnivore. Black orgies of ladies with lovers renound, desire in the darkness devoid of a sound. Lord Jesus and Mary, the heavenly host.

Allergic disorders and skin disease,
heart failure, thrombosis, and warts if you please.
Brain tumours, ulcers and Cupid's itch,
if not one thing another, ain't life a bitch!
St. Vitus protect us to the utmost...

A young Gypsy woman-child almost virginal with a hunger burning almost cannibal.

Ghost dancers and glamour, dark mystical charms, she read mystic visions in my tattooed arms.

The Father, the Son, and the Holy Ghost.

## Our Divinity Brandon Lee Garvin

Could it be our destiny to live, or is it all a dream... Should it really be our faith to give, or are there souls we can't redeem?

Truth in falsehoods lyes within, the Hands of Time Refuse

Free Will is Liberal Paradox, yet this is what we choose Believe me when I tell you that, we breathe this Life too fast

Deceiving as it may seem to us, the future presents its past

Existence thrives on Memories, Immortality stays true to heart

This Dance goes on for Eternity, Music lyes within the Art

Signs of silence beckoning to you, listen to their Calls We question with such intensity, which caused our Guiding Falls...

The Messengers make it clear to all, "Ask and you shall receive."

So look deep within the Pyramid's walls, <u>Divinity's ours</u> to retrieve!

# Anyway Reginald West

People are unreasonable, illogical and self centered. Love them anyway...

If you do good, people will accuse you of selfish ulterior motives.

Do good anyway...

If you are successful, you win false friends and true enemies.

Succeed anyway...

The good you do will be forgotten tomorrow.

Do good anyway...

Honest-and-frankness make you vulnerable.

Be honest-n-frank anyway...

What you spend years building may be destroyed overnight.

Build anyway...

People need help but may attack you if you help them. Help people anyway...

Give the world the best you have and you'll get kicked in the teeth

Give the world the best you've got anyway...

# A Maiden's Tear James Meier

It's an Indian maiden's love song Whispered through mesquite and through sage She sings of her beloved warrior And the reasons for his anger and his rage

She tells of the many time He has held her fragile hand And played the pipe he made Outside the tipi of their little band

She sings proudly of the bride price He said he would gladly pay But then of the white man's coming Men in blue who took him away

She sings of the longing Of her heart emptied and frayed Of years spent in strange lands And the terrible price she'd paid

Her sweet voice wavers Across prairies dotted with sage Her shoulders now cruelly bent Sweet face wrinkled with age

She sings now of his waiting On distant shores she can see She tells of the end to her journey And her longing to be set free

Bitter tears have tracked the cheeks With memory of endless years Those endured without him The wasting of those tears

Her aged face is raised now To Great Spirit in the sky Forgotten now the prairies Her soul readied now to fly

To her beloved warrior Who's waited through the years Heard her many prayers Seen her wasted tears

Now man no longer stands To keep the two apart Soon there'll be a mending For the maiden's troubled heart

#### [6]

So comes the final chapter The turning of life's page And no more sweet voice Whispers through the sage.

# Tears in My Eyes Joe Evans Santoya

How many days will I sit and cry Thinking of my nina She died when she was nine

She was one that I loved One of the one's that I had Mija If you hear me, this one's from your Dad.

Paso mis dias Feeling all alone Pidiendo le a dosito why he took you home.

I remember the day When I heard your first cry It touched my Corazon To have you by my side.

But today is the day I find tears in my Eye's, Even my Corazon has become paralyzed.

Mija, I love you And I'm sorry I wasn't there But I want you to Know That your Jefito really cared

Tears In My Eyes will always be there And the thoughts of you Mija And all that we shared

Forgiveness I ask for leaving you alone crying and praying for Daddy to come home

So I'm writing this poem To remind me of you, Tears In My Eyes Mija, your Jefito loves you.

#### Why Me? Deanna James

Here I am in this room, all alone. Oh so cold.

Everything blue, gray, and white; dusty, rusty and old...

The mirror is metal, distorting my reflection.

Reminding me daily of my dereliction.

Pick out my own clothes? Those days are gone,

A set of State Blues is what I have on.

The women in here, the misfits of life.

No happy tales, only tales of strife.

The guards seem to have lost any trace of compassion.

They feel we're just suffering the consequences of our actions

And maybe they're right to a certain extent.

I just hope they realize how easily it could be them.

I too had a good life, once upon a time.

When I was following His will, and not mine...

I used to complain about silly little things;

The kids tracking in dirt, coming back from the swings,

Corey and Colby screaming and fighting each other.

All part of the joys of being a mother...

The cooking the cleaning, the job for which I had a knack,

What I wouldn't give to have it all back...

I'd give anything for just a hug and a kiss.

To play Simon Says, watch Sponge Bob Square Pants.

But I gave it all up, tossed it all down the drain,

What was I thinking, I must've been insane.

I let drugs carry me down the fast road to destruction.

With little hope now of any reconstruction.

I participated in taking the life of another,

My life and others, thrown in the gutter.

It sounds really bad, and trust me it is,

But anyone out there could end up like this...

Pop the wrong pill, take a hit of the wrong rock,

And I could be greeting you in the next cell block.

When I'm alone, and all I can do is cry,

I ask God "Why couldn't it have been me that died?"

He answers in that still gentle voice...

"Because Deanna, that was my choice.

I have plans for you, things you must do.

People who need to hear all that you've been through"

So you see, man says I have 28 years,

But He says "daughter, dry your tears..."

"If you remain faithful, I promise you will see...

Your family restored, your life renewed,

Your blessings will be many, not just a few...

Don't worry about your sons, they're in good hands,

Just like I take care of you, I'll take care of them..."

That's all I have now, the hope I hold on to,

That my God, will carry me through...

## Of Moth and Flame Charles Cameron

I see a pretty girl in a booth in the corner of the room.

People speaking softly.

She doesn't seem to be expecting any company.

Sitting alone. Cold cup of coffee.

She stares at the candle on the center of the table.

A scar of a smile on her face.

She studies the flame closely,

Considers it as a botanist would a flower in a vase.

She knows all about the fire:

What it eats, from where it came.

She knows what makes it happy;

She remembers the taste of the flame.

She believes that they have a lot in common:

Never satisfied, forever wanting...

Always needing more oxygen.

Destroy everything they touch -

Everything they fall in love.

The fire turns it to ashes...

Her tears turn it all to mud.

She recalls the very first time she met the fire,

When it burned her paper heart to ashes.

It left her naked and alone.

Blue eyes. Black lashes.

I could see she was tired of life,

Tire of the pain and all the games.

And just as I was about to say to her

Everything would be okay...

She looked me in the eye, lifted her wings,

And then she burst into flames.

# Little Fingerprints on the Glass Tommy Ray Steele

One day while wiping down the tables in the visiting room at the French Robertson Unit in Abiline, Texas, I noticed little fingerprints on the glass. Then I noticed a man's handprint on the other side of the glass overlapping the little fingerprints. And I hear the little fingerprints say...

"Daddy, will you hold my hand?

I sure do miss you, Daddy.

Please don't cry, Daddy.

I wish I could wipe away your tears.

"I read your poems in school the other day, Daddy. All the other kids said, 'Oh he sure does have a good Dad.'

I just laughed with all the girls and boys.

I didn't tell them you were in jail.

I was scared, but then I cried.

I'm sorry, Daddy.

"I went to the park yesterday
and flew my kite, Daddy.

I watched all the little boys fly their
kite with their daddy.

You would have been real proud of me, Daddy.

My kite went the highest, as high as the moon!

Well, I pretended it did.

I couldn't tie the tail on right.

I tried real hard, Daddy, really I did.

"Mom, why is Daddy crying? I wasn't bad, was I? I promise to come see you next Sunday, Daddy. And Daddy, please hurry up and come home. Mommy needs you too. You're my Daddy and I love you thisssss much."

Then I wiped away the little fingerprints, and I wiped away my tears.

Tried not to think of all the pain
I'll cause being away so many years.

You see, the man's handprint on the glass was mine.
I'm locked up in this cold and lonely prison doing my time.

And someday when I'm finally released at last I'll never again have to wipe away little fingerprints on the glass.

(from my heart)

# It's Tough To Be Transgendered Synthia China Blast

It's tough to be a transgendered woman in prison. No one really knows what the pressure is like.

I awake every morning and, stare in a mirror, longing to feel beautiful, yearning not to be viewed disgraceful.

My friends seem to like me. If I follow up with their dares.

If I am not willing to sexually satisfy them, they act like they really don't care.

I walk around in a daze. In a prison complex that is made to keep us in a maze. No one really likes me. But everyone seems to want to wife me.

I thought about taking drugs. I even attempted selfcastration.

I feel as if I am fading, into a light that keeps me waiting.

I am a transgender. My life is spent around men. If one of them wants to date me, they don't ask they just try and rape me.

I fear the being taken, to a place that I fear if I awaken. I fear being taken, to a place that is forsaken. I look at

this prison cell. I think of my prison hell.

Sometimes I really get so low that I want to end it all.

It's tough being a transsexual. Life has never been fair. I wish I was a woman so I wouldn't feel such despair.

# The Country Song You'll Never Hear on the Radio Bryan Page

Sometimes the world is a hard place
And sometimes the facts are hard to face
Life ain't always easy
and sometimes it's no fun
but I'm still hanging in there
I'm not done

There's got to be more to this life than a prison cell but I can't tell There's got to be more to this life than this heart break - it's all I can take There's got to be more to this life than hurt and pain, am I insane?

and I'm not done

I want to know what it's like
to live clean and free
To be happy as can be - can it happen to me?
I want to tuck in my kids
and make love to my wife
Yes, that's the life, the kind I'd like
I'd like to break the chains of alcohol and meth
Yep, that's what I said - come back from the dead.
hold my wife's hand again, as we pray by the bed
find peace inside my head
and I'm not done.

There's got to be more to this life than a prison cell but I can't tell There's got to be more to this life than this heart break - it's all I can take There's got to be more to this life than hurt and pain, am I insane?

and I'm not done

#### Wasted Time Miami

The time that I've wasted is my biggest regret, Spent in these places I will never forget. Just sitting and thinking about the things that I've done, the crying, the laughing the hurt and the fun. Now it's just me and my hard-driven guilt behind a Wall of emptiness I allowed to be built. I'm trapped in my body, just wanting to run back to my youth with its laughter and fun. But the chase is over and there's no place to hide. Everything is gone including my pride. With reality suddenly right in my face I'm scared Alone and stuck in this place. Now memories of the past flash through my head, and the pain is obvious by the tears that I shed. I've asked myself why and where I went wrong, I guess I was weak when I should of been strong. Living for the drugs and the wings I had grown, My feelings were lost, afraid to be shown. As I look at my past its so easy to see the fear that I had, afraid to be me. I'd pretend to be rugged so fast and so cool, When actually lost like a blinded old fool. I'm getting to old for the tiresome game of acting real hard with no sense of shame. It's time that I change and get on with my life fulfilling my dreams for a family and wife. What my future will hold I really don't know, but the years that I've Wasted are starting to show. I just live for the day when I'll get a new start and the dreams I still hold deep in my heart. I hope I can make it, I at least have to try because I'm heading toward Death and I don't want to DIE!

#### Lisa CF Murdoch

Author's Note: Lisa Steinburg was a 10 year old child in NYC who was a victim of horrible child abuse and who was murdered by her stepfather in the late 1980s. The story was heartbreaking and I wrote this poem for her and for all children who may be trapped into such an environment. Lisa's tragedy did NOT have to occur because her school teachers as well as her neighbors knew that the child was being hurt, yet no one helped to save her.

Past my heart's window...comes a weeping wind
Her tiny voice heard at the edge of a night's end
Small precious child who we shall never know
A lost little soul who lived a nightmare of woe

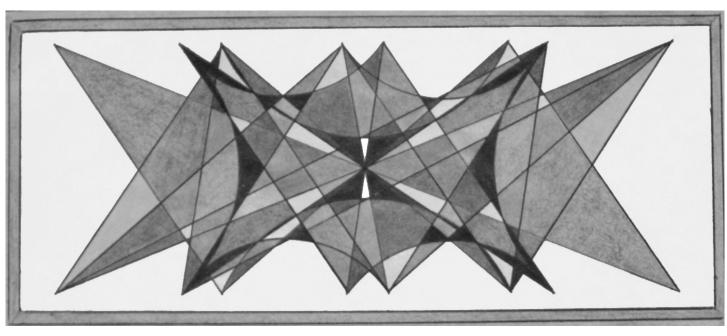
Little Lisa the girl who weeps in the night

How the days for you must have been such a fright

The nights you spent weeping in fear of the day

Never given a choice for life in love's way

I ask night's embrace of the love that we send To Lisa...who's gliding on currents of wind Ever in heart does the wind leave its mark Holding little Lisa who weeps in the dark.



#### Freedom Made Me Prison Raised Me... Theresa Battles

Freedom presented me the opportunity to learn but I didn't take advantage **Prison** raised me to think, speak, learn, and not be afraid to reach

Freedom made me self-destruct and shun the pain I felt inside **Prison** raised me to realize through it all I was given the strength to survive

Freedom snatched my innocence, swallowed up by the streets **Prison** raised me to re-evaluate and reclaim my life than to live life on life's term

Freedom brought about peer pressure that I surrendered to costing me everything **Prison** raised me to not be pressured but to embrace all lessons and then have the ability to make my own choices

Freedom sometimes make you take life for granted and ignoring all the goodness that it brings

**Prison** raised me to squeeze appreciation tightly asking for one more change to be free.

# The Good Prisoner David Snyder

Silence? Good prisoner.
Speech? Bad prisoner.
Model versus advocate and political.
Seen? Good prisoner.
Heard? Bad prisoner.
Shadow versus real.

Incompetence is... good.
Ignorance is... good.
Negligence is... good.
Prisoner awareness is... bad!!

Hear no evil (prisoner).
See no evil (prisoner).
Speak no evil (prisoner).
Monkey see,
Monkey do,
prisoner.
Uneducated? Good prisoner.

## [10]

Unintelligent? Good prisoner.
Good prisoner. Here's a treat.
Data by prisoner? Bad.
Information by prisoner? Bad.
Survey by prisoner? Bad.
Data, information and survey by non-prisoner? Good.
Data, information and survey by advocates? Bad.
Good prisoner? Bad prisoner? Ooops, "inmate?"

## In Dreams Jorge Lira

Author's Note: This is an expression of how one wakes up to the same place and to the same surroundings, day in, and day out, while being incarcerated. You dream your life away, yet face reality once that first ray of sunshine awakens you in the morning.

A passage of time, with a mind of its own; a glimpse of eternity, or thoughts you've outgrown.

It's deep in your mind, the place none can see; Holding all secrets, as time is set free.

Of its realm you will seek, those moments of past; Some feelings of present, a future forecast.

At times, a hero be born, or a villain be slain; The great voyage of time, yet never the same.

Could be a time of fulfillment, or torturous event; Leaving a soul full of joy, or a heart that is spent.

And as you come to, reality will set in; You'll look at these walls, knowing it was only a dream...

## Just Passing Time Joseph Angel Cano

As I sit and glance at the stars.

I begin to write of my past,
thinking of how I became a victim of circumstance.
When I was young I lived a street soldiers life,
Watching my homies die by drugs, guns and knives.

I would always say, "it'll get better then this,"

not knowing if I'll be arrested or next on the mortician's list.

I would always step back and try to get out the gang bangin, but there would always be people who would be constantly hatin.

I've come to relize how my teenage years had gone to waste, prison isn't the place...

When I exit here my mentality will be different then when I came.

I have learned to much prison corruption never will be the same.

So as you sit and gaze at the stars hoping your wishes come true, remember there's a young man behind these bars doing the same as you...

## My Blue Never Fades Chermon Kennemur

As the day brings on this rain and my thoughts extend my pain I can't see so clearly through this fog and haze The end of my troubles will meet the end of my days and I will find out that my color of blue never fades These whispers have cried the deafening truth I scream at these demons for stealing my youth Nothing comes out, but in the back of my mind the devil resides So I'm overwhelmed by the color glowing inside I tore out this heart of mine and replaced it with blue and this is the reason I do what I do

# The Prison Within the Prisoner David Snyder

"...Give me your tired and poor..."

So many different walls.

Personal.

Emotional.

Mental.

Society.

Culture.

Sex.

Age.

**5**--

Race.

Concrete. Electric fences. Barbwire. Gun towers. Metal detectors. Security cameras. Lockdown. Strip cell. Shackles. Searches. Frisks. Escorts.

The ironic.

A homeless person.

A tired and poor.

They have more freedom,

yet, far less than most.

Even a prisoner.

They have the one thing

we don't.

Freedom.

They are alive.

Prisoners just "live."

How many prisoners are so willing

to live out of a shopping cart,

sift garbage,

sleep in a cardboard box

just to have the freedoms

the homeless have

Is a soup kitchen bad?

Is a halfway house or shelter bad?

Are Salvation Army clothes bad?

Is being scorned as homeless worse than

scorned as an ex-con?

Pity versus scorn.

Would you

give up pride,

to have pity over scorn?

Which would you choose?

Faceless, nameless as a forgotten homeless but free OR

Faceless, nameless as a scorned, spit upon ex-convict and never free inside or outside walls?

It is said, "You are your own worst enemy."
Concrete walls are for the enemy of society.
Shanks are for the enemy of prison.
Prisons are for the discarded problems of society.
A prisoner has one retreat to save themselves.

The mind.
That too is a prison.

A prison made and built by the prisoner again.

Prison within the prisoner.

We hide.
Our skin is the wall.
Our eyes are the cameras.
Our fists are the gun towers.
Our words are the shanks.
Our fear is the protection.

If you look, out of the corner of your eye, quick and fast, in a flash, for a moment you'll see a prisoner cry.

In a prisoner there is nowhere to hide, no escape except one.
Travel inward.
Go inside.
The prison within the prisoner.
Inside the mind.

# Dark Side Joseph Angel Cano

Perhaps I was addicted to the dark side.
Please Lord forgive me for my life of sin.
Ain't flashed a smile in a long while.
A life of crime just another sinner caught up in the mix...

I'm seeing it clearer hating the picture in the mirror Waking up sweating I'm living in fear of a felon Coast to Coast, lonely roads, God only knows. Some see me stranded in this world of hell, jail and crack cells.

In the eyes of a convict I shed no tears
Looking at all my wasted years.
I'm only a number in the eyes of the state
Lost my right for doing wrong
I blink my eyes and it hit me strong
Talent and young surrounded by convicts pretending

[12]

that I'm having fun.

My dreams seem so real and tears on my face waking up to the state as my dream fades away.

Bars on Windows, glass and phones not having any privacy with the ones you love...

Leaving them hurting on the way to the door, that's the life of a convict and pray never to return on a ride to the Dark side...

# Imperium J.S. Slaymaker

Arranging my knights, my bishop and king, my pawns and my rook to capture your queen.

The beat of my steed's steel hooves thundering, upon her I ride, my route unforeseen.

My approach bold with my sword brandishing, a swing of my blade and her head comes off clean.

Your kingdom captured is my ultimate goal.

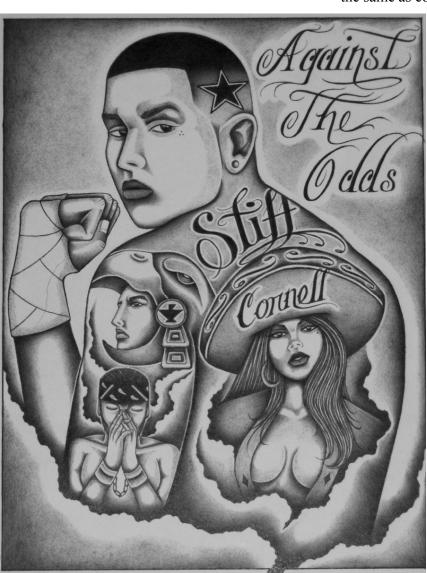
For those who resist, their heads too will roll.

# Ode to a Utensil John E. Christ

The food on my tray Below my nose Beckons forth an appetite With hands forbid Nor inhale I not In times long past A spoon I held Of steel or silver made Opposite at arms With sharp long tines A for served as well In their place Of plastic made Tines and bowl as one I now with one A free hand have To pass my drink to lips In other have I my tool To scoop, shovel, stab Hoisting food to my mouth Hail to thee As I eat my pork Who art thou? Thou art my friend the spork!

#### Post Modern Poet's Blues Eric Michael Street

I want to write a poem of love but, Damn, it's all been done to death, hey, Death can be my chosen topic... No, no, it has been passed along the way, so Sorry, what about a poem of Sorrow, or Would I need to borrow phrases used in Days of yore? Yesterday has been abused; Today is gone & tomorrow isn't here, oh Dear, maybe sex can be my affair, of Course, who has failed to use that one? Anger, joy, Nature, all undone, law Or chaos, loneliness, I despair the way All the things have been expressed And pressed into cliched interpretation I guess I'm stuck with blank pages. Hey! It can be a new abstract poetry...



# Flawless English? William Chaplar

If the English language was indeed one without flaws,
In-laws—once the divorce was final—would become outlaws.
There'd be a whole new way for us to spell words such as sleigh.
And none would be confused when they looked at the word croquet.

Inflammable and flammable would sure not mean the same. And words like claim would doubtless look a little more like fame.

Weight and height assuredly would not have different sounds. And wounds would almost surely no be spelled the same as rounds.

It's doubtful that hyperbole would end the same as role. And you could bet it wouldn't look like it should rhyme with pole.

There's no way that epitome would end the same as gnome.

And likely neither one of them would sound the same as comb.

Straight, given all those letters, would sound longer than ado.

By no means would segue look like it ought to rhyme with queue.

Progress and Congress definitely would be opposites.

And words like blitz would probably be spelled the same as pits.

Yes, flawless in language is a thing that cannot be,

So it's replete with some incomprehensibility. The better part of logic, then (or so it seems to me),

Is learn your tongue as best you can. Wouldn't you agree?

## We of Sparta David Snyder

King Leonides. He and his 300 Spartans. They stand at the Fire Gates at Thermopylae.

The Great Xerxes.
The God Xerxes.
His Persian army.
His one-thousand armies.

They come for Greece. We come for them. We come for... SPARTA!

Here Xerxes, listen well, your Immortals will die and be immortal... NO MORE! We will give them nothing and take everything. If they are thirsty let them drink their blood! If they are hungry let them eat their flesh!

You will not have the blood of our wives, the blood of our children.

You. Will.

Not.

Have.

Greece

You will not have...

SPARTA!

Gods can bleed, Xerxes. False gods bleed more. Men bleed even greater. You will bleed most of all.

Here we stand. Here we fight. If necessary... here we die!

# **Up From The Gutter Eric Michael Street**

It's mighty dark here in this hole My only lighting a tint Inconsistent glow as I try to climb to claw my way Up these walls that hem me in Then I see them peering down Pouring refuse 'pon my head I cling tight accept the abuse My only goal to reach the light Then finally beneath the lip Before I slip I grasp the ledge Over the edge I pull myself To find a shelf in a larger Hole illuminated by a tiny Inconsistent glow But now I know that I can scale The heights I reach my goal again So I begin the next long climb Keeping in mind all their abuse They can't dilute the drive to grow Desire to know what I can be And when at last I end the rise I climb up to my feet with pride A task complete a man full grown I stand alone reach for the flame And hear God say... Écrasez l'infâme!

# Untitled E. Byh

Life is full of decomposition. Especially with my position. I sit with in the middle thinking To my Right is the Father To my Left is the Mother I sit with in the middle thinking. Father is full of creation and Judgment Mother opens her decomposition with consent. I sit with in the middle thinking. I turn to Mother and Father strikes I turn to Father and Mother strays I sit with in the middle thinking. Who will accept me? Surely not the Mother if I turn to Father Definitely not the Father if I stray to Mother. So I must sit within reach of both and watch them bickering over me.

# Raison D'être Ricky Parson

lack of meaningful relationships time is running out so many things I desire experience above all knowing that it's there waiting patiently for the taking "will I ever ...?" is a question I often ponder will time allow even here in this world of imprisonment and strife or am I destined for loneliness for eternity? a loneliness I know too well a hunger that paralyzes lust and love fervor in the night passions igniting one by one awakening all senses memories long abandoned misplaced and forgotten how I long to feel to know what others know or have known once upon a time It's so strong this desire I have like a compressed coil a spring ready for release I wait knowing one day "She" will come alonghoping so at least and knowing too that when she does I will have a life a reason to finally love a raison d'être.

#### Untitled Juan Ochoa

Rising Up In the Morning... Washing Traces, of the Faces And Places from My Memory That I Dreamt The Night Before, Dressing in Yesterday's Misfortunes And Tomorrow as I State At the Solid Never Opening Door! Then I Run Across the Pages of all the Pain and All The Rages Crossing Old and Broken Bridges over the Rivers of Once More All the Smoke and all the Burning I'm Stepping Slowly Turning And my Brown Heart is ever Yearning In The Shadows of nightfall alone I cry Aloud To the World... Amidst its Invasion and Confusion, As I endure What remains of This Perishing Fate And Move towards my Destiny!

# Wheels Upon Wheels Leroy Floyd II

I turn from where I started to see where I must go
"What goes around comes around," they say
We reap what we must sow, it's what we come to know
I'd like my path to be paved with joy so now I've learned
to smile

And I'm not the best at showing love but I hug every once in awhile.

Yet there's always that ever doubtful dread where failure peeks his head

Letting me know, "I come and I go, you reap what you sow, you reap what you sow".

I'm not sure when I can repay my past, it's a long and broken road

Or just what price of fear and vice for the truth I now extol

To succumb becomes my constant choice,

I Adopt to extend my hope a hoist,

And whether the crowd objects with its adverse jeers and jests

I'll await the rejoice of that still, small voice

My conscious guide and inner sun

To whisper to me, "Job well done old friend, Job well done..."

Moments within moments, hurts trapped in hurts Sometimes tears on bended knees are all I've found that

In this destination where desire dreams My midnight madness of "what if means" In all I see I seek to find Some sense of peace to be called mine.

#### The Journey Tomieko N. Davis

The journey is short for some, Longer for others, eternal for few. The journey, filled with choices, Quit, overcome, be bitter, or rejoice.

The journey, a well worn path,
Trod before, and after, forever more.
The journey will make some flee —
Moms, dads, children, and lovers – poof! – vanish.

The journey, its goal to win, Its prize is to your demise and ruin. The journey plays hard, but fair. Will you lose and leave broken and depressed?

The journey can be beaten, It will take all of your strength, might, and will. The journey may seem ahead Don't relent, but persevere and endure.

The journey will come to end. Your goal and prize – to be a better Man. The journey, your prison stay, Rise up Because? or Be defeated By?... The choice is yours.

## Memories Marcus Shedd

I can remember when I was 6 years old; an old wood house a shortage on food and no clothes

Mama striving hard to do the best she can

Juggling a job and 3 kids we were living off the land had a daddy but daddy had a habit a monkey named dope on his back, daddy tried but he couldn't grab it

So the monkey won but we didn't find out until

Christmas Eve

woke up to an empty house—no presents and no tree Mama hysterical thinking we've been robbed, gods knows she worked too hard

the neighbors came forward and explained what she had seen in the dark

Daddy carrying the tree and the presents down a dark street

Mama mad as hell because she didn't want to believe but see even though daddy was a dopephine he looked down on people who lied

an' when mama confronted him he explained while

crying and mumbling how hard he tried

But the monkey named dope was too strong it had daddy where he couldn't breathe.

Being the strong black sister that she was Mama asked daddy to leave

4 years later I'm 10 years old during the chores of a grown man

No GI Joe's and tonka trucks had to give mama a helping hand

We were doing better than we was now that daddy's gone

Moved to a bigger and better house that we were proud to call home

Mama hasn't slowed down a bit—hustling hard to make ends meet

furniture beautifully arranged even though it was so cheap

I can hear mama as plain as day

"Treat a woman with the utmost respect" is what I'm hearing her say

Till this day 15 years later I take heed to what mama taught me

And I thank god daily for the valuable lessons that life has bought me

I locked up in the pen for a crime I did commit it wasn't mama's fault I had free will and the lesson I choosed to ignore it

But I'm not lost I still have a fighting chance So I'm used this time wisely to better myself to be a better man

Also I want to let mama know I'll never quit I'm not lost, I found myself and this is it.

# Wild Darkness Eric Bedersen

The wild darkness
Is a phosphorescent tapestry
Before my lurid eyes
With the sullen setting
Of the winter sun
Floats the incessant mist
Of a purple night

Though I love the day
And the running tide
Where the river moss comes to rest
In the dwelling house
Of my soul
Comes the clangor
Of the wolf

# The Name of the Game Dana Y'ungblood

Mama always told me that when you're playing with fire you're bound to get burned

And, if you're chasing tail they'll be a lesson learned. So many times lust has led me along its trail,

But at the end there was always this awful mell.

Sometimes I wondered if the Devil could've drawed me a conclusion:

I founded love in a woman named Maryjane to be a better solution.

I used to run with Dollar Bill who loved to smoke dank, His best friend was a brutha named Big Bank Hank. Now, Mr. Dollar Bill was a cold-hearted brutha...

Some even say he was a greedy Mo'phucka!

Heard he once stole man's woman and left him for broke;

Took his car, skipped town and lefted behind a trail of smoke.

I know you remember how Ol' Cain killed Abel?

Seen Mr. Crack Pipe lying on the living room table.

Hey, if you think that's cold...

Look in the graveyard, it's filled with the young and old.

People always said, the good die young...

And when other people's business hits the streets,

It's best to play deaf and dumb.

Ask Jack Daniels who stabbed 7up for Cokacola,

Read in the paper it all happened in Pensacola.

Russian Roulette shot craps with Smith & Wesson,

It took many years before he learned his lesson.

Mis Kitty was pretty pretty until her health started to fade,

Then word hit town that Richard gave her AIDS.

They had a daughter named Lexus who survived the test,

But as pretty as she was she was a big ol' mess.

It's a shame how she failed to put herself in check.

She married a man named Lincoln who died with her in a

nasty auto-wreck.

Uummm, Uummmm... yeah, I say the same.

But that's the way it is that's the name of the game.

# The Gods Decide Chief J. Ramos

The winds blow, the seasons change
But I am to remain in chains
Until the Gods decide my destiny
I live, think, dream and hate
But they decide my final fate
If they decide I am to be free
Then in time that's what I'll be
But if they decide I must remain
The slowly but surely I'm to go insane
It will be something that pierces my heart
But I will remain here til death do us part...

## Release Gilbert M. Davila

#### TDCJ OFFENDER PROPERTY

Embossed in bold Black lettering on the clear Tubing of the black-ink pen I hold, poised, Over a clean, blue-lined Sheet of white paper. Slogging through The pool of muddled thoughts Amassed at the forefront Of my troubled mind, I painfully search For words to exorcise The Phantoms of Darkness Bottled inside. Frustration, then anger, rears Its ugly head, seeking To devour the remnants Of my waning patience. Pressure in my skull. Temples throb; Work of an angry vein.

Ever so mercifully, Images take the form Of words and gather At the tip if my tongue. Spoken aloud, Life is given to the pen In my trembling hand. My face hovers inches Above the page, deep In concentration, as I mar Line after naked line With prose, virulent and Dark as a grave.

Phantoms released. Voices cease. Pen put to rest. Tomorrow is another day.

# Invictus II Bryan Page

Fast fading the night recedes, leaving only gray. And in the dark I am alone, waiting for the day. Heavy hands hold me bound, with no one else to see. Chains are wrapped around my heart, no God to set me free. I will not bow. I will not break. I have no hand to hold. The friends I never once forsaked, have left me in the cold. My body bleeds my bones are broken, but I will never cry. If words of fear are ever spoke, then I would rather die. So here I am, here I am, ready for the fight. My soul remains, my spirit lives, I will survive the night.

# Beyond A Window: A Night On The Lake Jackey R. Sollars

Whisping wind, blending colors to dust.

A heap of spirit, living liberation.

Tails snap, manes ripple shadowed imagination.

Quickened silhouettes to the west upon red dusk.

Feathers, white down glides upon mirrored soil. A handful of pebbles thrown against lucent glass. Through dark of night apparitions doth pass. Til first light when instinct stirs to toil. Midst hovering in Dawn's graying light. Lazily heads lift sniffing hope's new day. Restless neighs softly, a coyote's last bay. Stillness breaks with a flurry fowl taking flight. Soaring high, the foal lifts its head. Bidding the pond elders a friendly farewell.

# The Moon Francisco J. Lopez

I woke up with a start. Without the slightest idea of what time it was, but it was still dark... I felt the stare of someone, something, on me. Steadily strong and palpable so that I wondered, craned my neck and looking out the window – I saw it: I saw what had been watching me, guarding me during my sleep... The Moon! Full of light and so full of life it appears to me as I sit up on my bed – almost unconscious of my moves and ignore the bed sheets whispering, calling my name to come back to sleep.

...I give them a gentle nudge, and these slip off my thigh and crawl back to the bed where they wait for my

return... I have better things to do... Almost possessed, I stare into the eye of the stranger, the friend or maybe lover who's always been there... Up there surrounded by a congregations of clouds watching me silently, patiently and possibly urging me on to grow up since I was a child beginning to live, oblivious however, of the unanimous stare of the Moon... That now looses its unanimity, its ambiguity before me on this night of interrupted sleep... "The Moon." I whisper to myself and the Moon itself now whispers a song, a subtle poem of timeless mystery and knowledge, for it has seen babies born and grow old, kingdoms rise and fall – but the Moon, ever living and

ever existing has seen it all and has a thousand stories to tell...!

"You," it now says. "If you would be patient enough to listen, I'll in turn be kind enough to recount to you stories of old... And stories of new..." "Yes" I beam. "I'll be a patient listener!" I add excitedly, gazing out my window, my bed long-forgotten, because tonight is the night I get to know, really know – the Moon.



#### Man-Made Hell Shane P.

God made earth and then made man.

The snake gave man Knowledge and man

Man made Hell, Blood, tears, deaths, Prisons and

Slavery, Man made Hell and as years went by and

Centuries, wars and bloodshed and war cries yelled

And women and young girls raped in front of their love

ones

but they tell you this is the America Dream and fighting for peace and only showing you what they want you to see and not the raping, unlawful killing, and dead bodies

of Little Children Man made Hell and People all was said History

repeat it self alone meaning Man made Hell.

# Find the Answers Jonathan Thompson

Why do I suffer in silence and why am I losing my brother and sister to violence? Why is the weight of the world on my shoulder and why because of my color I'm treated colder?

Am I being rebellious because I find my own path and why are our soldiers dying in a bloodbath? Am I being selfish doe wanting some time and why am I being punished for speaking my mind?

Why do you belittle women calling them whores and why do we still look down on the

poor?

Why are so many people dying from AIDS

and why were threats on Jesse Jackson's life made?

Why am I sometimes looked at as not human;

is it because of my race that you do not understand?

Why do the government sell products that cause cancer?

Could you please help me find the answers?!?

# War and Peace William Chaplar

You had to be pro-war to be called patriotic, But people all around the world though that was idiotic. One could still support the troops and not the administration.

Being bully of the world won't make us a better nation. They had Christians saying peace isn't what the Bible flaunted,

But they should have asked themselves, "Is this what Jesus would have wanted?"

We're supposed to hate the French today for standing in out way.

But if things keep going sour, seems they'll have the final say.

They trashed a country singer because she voiced her opinion.

Seems like freedom of expression here no longer has dominion

Musicians of the day would not sing out against the fighting,

So far too many kids today think war's somehow exciting.

We were quick to end the war, but we botched the occupation.

The post-combat deaths, though, brought lots of frustration.

The Pentagon was scared to use the term "guerrilla warfare,"

But whoever did the killing caused a nation to despair. Folks in the White House were afraid to call it "civil war,"

All that sectarian violence, though, was real hard to ignore.

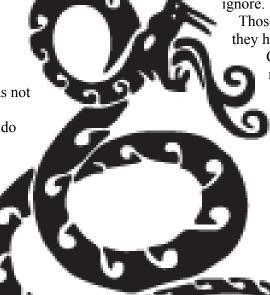
Those in Congress started whining, claiming they had been misled.

Claimed with valid information they might not have forged ahead.
But would things have been different if

their kids were sent to die?

Looks like those who voted for the

war don't have the right to cry!



## The Lynch Trillogy Thee Gracious Poet © Y2K7

#### It Ain't 1712

it's no longer the seazon of self-impozed aparthide no more shall W.E. perpetuate the G.A.Me<sup>1</sup> of sleek and hide

nor 2 play bipolar...brotha Just us & Dr. slide CEASE & DESIST the monstrosity ego throw that d'lusional klatter outta the ride W.E. gon' indaba<sup>2</sup> w/ Ancestral sprit on the side...

KAUSE IT'S NO LONGER 1712 W.E. BLOCKIN' THE KUSS! IT'S NO LONGER 1712 W.E. STOPPIN' THE KUSS!

there's no more time for self-hate at the front gate that yadda-labba that DEgenerates our home plate how kan we put pigs over Folks & Peoples when our huemanity iz at the stake... W.E. draw frum the preancient well of Seven where Orisha dwells & divinity swells in our kombined paradise in heaven... when we intimidate the plantation ode we only further the konquer & divide kode lozing out on our kollective independence a la mode... Sow W.E. gon' set our place REown our own space at the globeall sundance

KAUSE IT'S NO LONGER 1712 W.E. BLOCKIN' THE KUSS! IT'S NO LONGER 1712 W.E. STOPPIN' THE KUSS!

& give us that natural chance...

REtrace our legendary kommune

W.E. looking past that murder of mnemoniks & REkall-IN the Ancestors so why's you 4F The Way in word & smack dung the Blessings... then you shake out on us & say i'm KONfessing... 4saking our survivall solidarity & self d'fense intaking dour self-kon-fusion DISeaze and nullsense... Sow W.E. gon' machikolate until the Son rizes in the west

profuze our mental vizion frum the sanctum kitchen & Reap our follies w/ the machete test...

KAUSE IT'S NO LONGER 1712 W.E. BLOCKIN' THE KUSS!

# IT'S NO LONGER 1712 W.E. STOPPIN' THE KUSS!

muha'funk willy lynch AND them neckrows who rode w/ he... SISSIIEEES!

#### DEmagnify 1712

Author's Note: "DEmagnify 1712" originally "D'magkneety 1712" iz mostly kapitalized spelling except for where willie lynch is being referenced... it is ah IRRITATIONAL lamentation that URGENTLY REPEALS the mental DISeaze of slavery. Selah

SELFINFLIKTED PLANTATION SINDROME **KAUSED US 2 ROME** FRUM ONENESS DOME KONCEIVED Ah GRANDUER ILLUSION JUST 2 TRICK Ah BONE

& LUG Ah STONE

WEAR NONE HAD EXISTED

THERE WAS SENT Ah PSUEDO-DROP ZONE... DRAWED UUP AN IMAGE OF BYGONE EPOCH UZING Ah GHOSTLY GRUDGE

HELD UP THE SLEEVE

FALSIFIED W/ STUPEDUST PSYKHE THAT ONLY BLINDEST DROLL WOULD B'LIEVE...

b.u.t. willie lynch gotta viktim 2day yeah, willie lynch gotta viktim 2day

KONSIEVED FRUM CHICKEN FEET

& GIZZARD GOOP

OLDE MASSA SNUK THRU THE

BLOCK DOT KOOP

BATON IN he LEFT & lynch ROPE IN he RIGHT

he WHIPPED UP Ah RECIPEE UZING

US AZ Ah SEE SAW

& ONCE WE WAZ KON-FOUNDED

BY THE white

he LAID US DOWN W/ THE WILLIE LYNCH LAW... SHROUDD BY REKOGNITION, KONTROL

& SEKURITY

he LED US 2 THE VULTURES DEN

& KONTROLED US BY THE SPLENDOR

OF THE BLACK MEN...

MADE ONE KONSUME FALSE IDOLS

IN BLUE

2 OVERTAKE THEIR BROTHA THAT STAYED TRUE

W/ Ah PALE SPOT IN he OWN EYE

<sup>&</sup>lt;sup>1</sup> Genocide Against Me

<sup>&</sup>lt;sup>2</sup> Zulu—South Afrika—term for "matter(s) of diskussion b'tween native peoples"

FRUM LAKTOSE DEW
THEY WERE THEN PUT ON Ah OCEAN SHREW
& LIKE KASTAWAYS BACK IN THE DAZE
THEY WERE KONFINED W/ PINKTOE
DOO-DOO

so willie lynch gotta viktim 2day yeah, willie lynch gotta viktim 2day WE HAVE B'KOME OFFENDED BY THE PRAXIS OF ONES KULTURE SENSESEEBILITY ALTHOUGH W.E. STEM FRUM THE SAME OLDE TIME AXIS

WE ASSUME Ah SEPULCHER DEnativity...
euroPEON VALUES BIO-KHEMIKALLY ALTER-IN
OUR PRIMORDIAL ALKEBU-LAN<sup>1</sup>
INTELLEKTION

INKYOUBAITING VIA 566 YR'S.

FRUM THE ERA OF PAPAL BULL SHIT KASTRATION...

SOW WE KNOW THE BIBIFLIES<sup>2</sup> WAS MADE IN2 AH NIGGER BUYBULL & MANYOUFAKTURED HOLY

ALIKE THE black widow male spider

W.E. SHALL MAKE IT POIZONLESS

B'NEATH OUR FEET

BLAAK AGAINST THE KREMESUN TIDE SKREEAAMING!

W/ Ah BLACK HEART BEAT...
WITHIN THE SOULJAH' DRUM TUNE
THOROUGH O.G. LAMBSBRED
(meaning Our God)

WILL GIVE NILLY willy he own DOOM LYNCHED! And STILL...

willie gotta viktim 2day, SISSIIEEE!

<sup>1</sup> ANCIENT NAME OF AFRIKA...
<sup>2</sup> SUBLIMINAL TERM FOR BIBLE. MEANS UNKOUTH WHO WEAR IT AS AH BIB OF LIES TO KEEP BLIND DEAD & DUMB AND WHEN THEY FOAM AT THE MOUTH

#### DEZERTE'd KOZMOS

Author's Note: "DE-ZERTED KOZMOS" is ah klosure of sadness and UNacceptance inna melankholy lamentation...saying if you stray frum our unified verse Eye ain't going with you. Selah

Eye had prezoomed we vakumed the rust'd midst of lil'G & bib G that we'd kross'd the finities of MISunderstood truancy; kause Eye felt komfortable in your domeaim. & I ain't see the forbode b4 your trees. til you tumbled down on krooked knees

& IGNORED our dekrees.
HOW KOULD U LET willie IN
AFTER ALL WE BEEN THRU
HOW KOULD U LET willie IN
AFTER ALL THE BLUES WE DON THREW
HOW COULD U LET willie IN

Eye figured the dezert sands we had tread

& were fragmented imagery frum the baldhead;

that the pigfeet amongst is waz dead to our homestead

& all the time Eye was MIS Led

like sanford bred...

you kut our umbilikal ties az if we were ah mirage,

hoodwink'd our kommunal bond

& gave me sum entertainment massacre;

centered by your selfreflekting pond you assumed I saw in2 your kristal ball when tunnel vision DISallowed you

frum Black Light

Eye put up ah Serenity shield

& you put up ah wall...

HOW KOULD U LET willie IN

AFTER ALL WE BEEN THRU

HOW KOULD U LET willie IN

AFTER ALL THE BLUES WE DON THREW

HOW COULD U LET willie IN

Eye BEEN klozed the door on slaak

of komunikation

kept my eye/vizion/ear/arms/hearing

& seeing our past prezent future in Being...

swam the 9,000 miles w/ kaution

yet full speed at 1,037 <sup>1</sup>/<sub>3</sub> miles per hr.

w/o ad nauseum

so how kan U make us bleed

when Sweetback told us in H.I.S.

baadass song

'only W.E. kan harvest the oneness kreed

& Our Father by way of Hon. Garvey

gave us the Do 4 self seed...

HOW KOULD U LET willie IN

AFTER ALL WE BEEN THRU

HOW KOULD U LET willie IN

AFTER ALL THE BLUES WE DON THREW

HOW COULD U LET willie IN

when Eye trusted you...

# Shackle in U.S.A. by Reginald Jones

I see already men torn from their weeping and distressed families, without hope, without redress, never to return, by an unrelenting, lawless crew, unbridled by own our civil and legislative authority, and wantonly cruel in the exercise of despotic power. I see every endearing tie of father, husband, son and brother torn asunder, unrespited, unpitied, unretrieved.

# **Brainwashed Carlos Contreras**

Author's Note: In many countries around the world, children are taught to believe the way their elders believe. (Extremists, zealots, fanatics) Etched in their mind from birth is the image of "God." Religions taught not as philosophies, but as "the way it is," "the Truth." Even here in America where we supposedly have freedom of religion, parents teach their children of "God," "the only true God." Whatever they're first taught, they usually believe. They'll never have the chance to find "God" for themselves.

You believe in God but not of your own You believe in God because you were shown Taught from the womb to believe in their creed Born to a faith that you're brainwashed to need

Never given a chance. Bound by nativity Never given a choice, Bound by nativity

Stuck in a caste where you're bound from your birth You're taught that your soul will return to the earth You know it's the way the creed of your kind Taught by those who've brainwashed your mind

Never given a chance. Bound by nativity Never given a choice, Bound by nativity

Hindu or Christian, Islamic of Jew Children are born & bound it's true To faiths that they're taught & brainwashed to be To live for themselves they're blinded to see

They're bound by nativity

# Signs of the Times – Breaking the Holds of Bondage Talib

Oh say does that star spangled banner yet wave, over lands of the free, and the home of the brave—

How can this be the land of the free, or the home of the brave, a country that was built on the backbone of a slave— and now united we stand on top of his grave—

The ultimate task is not to dwell in the past, or be deceived into thinking you're free at last, with an expression on your face like a tribal mask—you must look to the signs, as an original design, that provides the initiative to free your mind, only if you wake up in time—wake up brother, It's no time to sleep, you're not lost sheep—but a sleeping giant with promises to keep, how long will you allow your ancestors to weep—you must look deep inside, find the remnants of African pride, understand why your fore-fathers died, to regain the strength to stay alive, for only the strong can survive—

Evidently, the Creator has made it clear, you must hold fast to faith and in your heart be sincere; for a day is coming that most men will fear, except such as prepare as it every draws near—so wake up the sleeping giant, for the world has defined, we are living in the day of the signs of the time—

Free at last, free at last, are these inspirational words enough to escape the bondage of our past—

The death, the hardship, the tribulation, can these words overcome such devastation—

Can we look beyond the norm, and expose the true purpose of social reform—could it be a new set if chains, that causes a similar pain—using methods of pacification, to suppress the shame of a nation, a way for the country to flip the script, using a reversal of the racial tip—

Like a newspaper retraction, with pacifying promises of affirmative action—have we become so insane, that we no longer recognize game, there is a reason for the hype in the population, forbidden sex, the use of drugs for recreation; is it necessary to draw a blueprint or a map, it's a structure, just like a drug trap—

Built on promises to achieve success, but too often the outcome is pain and duress—don't you see, they're not bleeding the block, but bleeding the nation, while you hold onto hopes of future compensation—

Put two and two together, don't play the part of a fool, free at last is an analogy, like forty-acres and a mule—

## Run Charlie, Run Unknown

This poem was separated from its envelope before we could record the name—please always mark your work, and if you know who wrote this poem, please tell Toby!

How I wish I could compare to their good,

pointed odes; ballads sweetrhythmed and versed.

Perfect iambics! The masters stand tall.

I read my ignorance and want to curse my tainted scribbles: graffiti to their walls. God Damn... Oh, well. There goes the

neighborhood.

Run, Charlie, run. The niggers are coming. The niggers are coming.

Run, Charlie, run up the For Sale signs. Red-line and gerry-manner my dictions.

Zone me out, thugged out, bugged out, locked out. Shout out. Out. Out!

Raise my rent. Sell me your shingles at twice your price. Never mind.

Vouch to take your kids, and school funds, too. Leave city kids behind.

Chase city Bankrupted community re-investment porkfolios. It's the law. Dial 911.

Call the poor-leased, laid away, You-hauled out the fires into frying pens. Go. Go.

Go sprawl out to where the sun don't shine and the burbs sing the lyrebird's

multi-vultured, mocking song. Orchestrate self-hate in one grand

Oprah; members only, white dashiki affairs at a thousand bucks a plate.

Run, Charlie, run. The niggers are coming. The niggers are coming.

Run, Charlie, run the demo tapes. Demo classy. Demo crassy, Demolition politicians.

Demo-hippo-critters. Hippo-dermy-rocks. Flesh rules, dude. For food, clothes, shelter.

All. Every measure beyond need. Love me?

Prove it. Take off your clothes. Let me torch you with my new-clearer

optics to see your private subway tokens. Let me bone out your marrowed skull; transfuse your ortho-paradoxy. I'll buy you dying-mens and iron out your beautiful wedding presses in your Bureaus. Here, hon. Take my whole art.

No lessons tasted. Vasectomize your stand-in ovations.

Keep it real. Keep it funky. On the up, or keep it and go. Go!

Go shop for the branded brains.

Cine-sex movies and our madness as registers ping!

pong over the picket net worth.

Untraditionally.

Distanced consumptions. Slavery's long done begun.

Why, see? The Powells and Jordans and Woods? Look but don't touch while rebates ring fads-tedious stereos typewriting sporty news clippings.

And still, the heads line up.

So, come. Let's play, then. Bad Man-ton, anyone?

Run, Charlie, run. The niggers are coming. The niggers are coming.

Run, Charlie, run hard raps against my dome. Stand on my hip, hop down my head with

combat boots to underground roadkill crossovers that bungee tongue

lusty lyrical libations lamenting ludicrous love at the Lyricist Lounge,

waxing poor-hectic from con-street yield signs. Stop.

Don't cross the solid white party lines, Jr. Only dash in for fun and army ant salvation.

Set. Alright. Dish out my pockets maimed-screamed on my TV.

Timed, primed, Oscar's mired in soapy adulterated diapers weaning his prime

mate with hate viewed for his fate. Watch. But don't stay too long.

You might get piped by cracked hypes, struck by Mac fucks.

and soul punched in the gut by Sylvia's pot and nettles at night.

So bring Tum Tacts and a dash of balk and leper sprayers.

It's not too late. It's not too dark.

So, come back. Come black.

Or sleep white. Sleep tight-fisted. 'Cuz, the niggers are coming.

# State Property Anwar Tapia

You sleep on their clock And awake to their alarm. You work without pay To the hours they say. You wear their clothes According to dress code, You eat what they say And eat what they gave. Your visits are a privilege They can take away. You get no sympathy. You are their commodity. You are State Property.

You obey their whims
That are also the rules.
Your mail they will read
When they feel the need.
Your free-will is restricted
And your movements limited.
Your dreams are extinguished
And your potential inhibited.
Your only possessions
What you buy at commissary.
You get no privacy.
You are their commodity.
You are State Property.

# New Age Twelve Gauge Gary Gilbert

Merging, splurging, surging need,
Forget the people, never equal, greed.
Without hope, without chance, downtrodden trance,
Break out, staked out, no money in advance.
Bought and sold, break the mold, rotten to the core,
Government, money spent, none passes through my
door.

White trash, colors clash, moral majority no more, Forever resting where I am nesting, hungry for a little score.

Living life with a smile, everyone wants the extra mile, Your cloak and tunic too, throw them in the pile. Oppression, repression, all the same, It's all part of our cold, cold modern game. Why call it new when it is so old? Too, too many left out in the cold. Give us a blanket, but no shoes, Our death won't even make the local news...

#### The Rebel Chester Jones

What a vivid imagination,
Thoughts of freedom on this plantation.
Constant darkness my soul does dwell,
Only through death, shall I be released from Hell.
Four-score, before a war was fought,
Lying Ab Lincoln's proclamation forgot.
40 acres and a mule, 'twas not for we,
How long in Amerikkka, for us this poverty.
Black women, our sisters, our back bone broke,
"We Shall Overcome"—at least that's our hope.
Freedom, sweet freedom, released from this
plantation,
Where forth art thou freedom, in my imagination?

# Fall Back Jonathan Thompson

Fall back young sisters You have a precious gift Hold on to yourself for you are pure Don't lose yourself

Fall back young brothers
Don't fall victim to the streets
You have a voice that should be heard
And your strength is needed in the communities

Fall back single mothers
I know it's hard raising kids on your own
But you have to press on to a better day
Your love is the next best thing to God's love

Fall back black man
You don't have to be another sacrifice
You have the ability to choose how you want to live
Make nonbelievers respect you and your mind

America fall back!!! I demand Realize that I am first a man like any other I have the freedom of speech so hear me outstanding We are equal in God's eye so accept me Or fall back



She's Gone Ruben Wilson

I never thought I'd have to go through this shit again— But this time I've lost not just a lover, but a wife, my very best friend—

She told me she couldn't take it anymore and that she really tried—

She also said before that she'd never leave me but I guess she lied—

But it's not her fault, I caused her to have some pretty deep scars—

Plus it's hard to feel loved by a man who's behind prison bars—

I wonder did she fall out of love, or find another man— Whatever happened, none of this was part of the plan— We were supposed to be together forever, united as one—

Because of my stupid ass it's over, because of something I done—

Whatever she's doing, I hope she's happy now that she's free—

But no matter what, she'll never find another who loves her like me—

No one could ever love her, the way that I loved that sweet little woman—

But in the end it's her loss, because they come for a dime a dozen!

#### Texas Home James Meier

Six tight strings on an old guitar Homemade likker in a Mason jar Soft summer nights on a front porch swing Hummin' 'n strummin' 'n tryin' to sing

Hits from old Hank and sometimes Ray Tunes from the legends I learned to play Lost in memory of bygone days Just me 'n my six string, take me away

From all this modern day musical crap Senseless noise 'n neighborhood rap Deliver me Lord from all that noise And take me back to them good old boys

Pickin' 'n grinnin' 'n sippin' along Lost in that jar 'n all them songs Just lovin' life 'n that old farm The woman inside with Texas charm

Lovin' that bundle down the hall Safely wrapped in gramma's shawl Livin' my life 'n following fate Makin' my way in the Lone Star State

Don't get no better 'n it can't be beat This old swing 'n that unpaved street Star filled nights 'n propped up feet But I gotta go now...

It's time ta eat.

## The Book Chief J. Ramos

I read a book and it made me laugh I read it again but it made me cry I realized it was the story of my life so I read it again and it made me sigh ashamed, embarrassed, excited at the things that I saw it caught me off guard as I stood in wonder and awe made me wonder why I didn't have a heart of pure stone seeing things that hurt clear to the bone Things I know that I should not have done for the most part I was young and just having fun But now it's time to decide what I want out of life A house, a car and maybe a wife I can't well on the past and what could of been the mistakes or choices or even the sin Though I will reflect, to keep my head straight and I pray to God that it's not too late

The finale chapter of the book is yet to be read I can still change it before I am dead who knows it could be number one on the list The end of the story could have a hell of a twist nothing to lose nothing to hide come over here, come get inside come meet the real Mr. Jekyll & Hyde...

## Madness Gary Gilbert

What is it we are searching for, What is it we hope to find? Life is losing its meaning, Could we be running out of time?

Madmen with mushroom cloud intentions, Armies of God loving to death nations. My tears leave streaks of greenhouse gasses, Not much help wearing rose colored glasses.

I don't think we will be happy until it all burns, The hatred of races our humanity we spurn. If only I could grab the planet and offer a shake, The future of our children, our families at stake.

What do we do when we no longer care? When we see living as torture, our existences bare? Strap bombs to our bodies, melt crosses to swords, I am choked with emotions, at a loss for words.

Maybe our future has already been written, With the void we seem to be smitten. I cry, I weep, and moan, Towards self-destruction we are surely prone.

# Me & You TMC (The Mexikan Connection)

I remember the first day I met you girl in front of River Center Mall.

Young and beautiful as can be and I fell in love with what I saw.

I was shy just as much as you, we were only up in our teens

I tried to keep me up in your mind so you could see me in your dreams.

Back in those days I stayed in the slums and you stayed off of Tea and Malone.

Remember how we would talk all night until we stayed asleep on the phone?

Till the sun was up till the sun went down we'd be walkin' all through the park.

We couldn't wait for night to fall so we could kiss up in the dark.

M&M 4/Life baby girl, remember that's what we engraved in the park?

I told you I felt this love from the start, until I die you'll live in my heart.

Remember the words we promised each other, that we would never brake apart?

No matter what happened between me and you, that we would neva change our hearts.

Now I sit here girl all alone all I think about is me & you.

I feel I'm only hurtin' myself cuz is there even a me & vou?

What happened to the love you have for me, baby it ain't the same no more?

Why do you make it so hard on me, baby I can't live like this no more.

There's only one thing that's left to say but I don't know how to say good-bye.

I really don't know if to give up or not, it's killin' me half to death inside.

I miss the feelin' that I would get when when our lips would come to touch.

I miss the words of I love you, I think of it now and it hurts so much.

I try to block it out of my mind but I think so much so I play it again.

Times have changed it ain't the same, I wanna new life but it won't begin.

Cuz I tell myself, don't let her go, everything's gonna be alright.

But I tried for so many lonely years so how the hell is it gonna be alright?

Mixed feelings have rushed and filled inside, it's tearin'

my lonely heart apart.

I know your love is there for me and I know I'm somewhere in my heart.

But you act like you don't care for me cuz baby you ain't down for me.

I'm not in sight so I'm outta your mind so you easily forget of me.

You know how bad I'm doin' girl but you don't even think of me.

I tell you one day I'll be on top but you don't have faith in me.

Now I sit here girl all alone all I think about is me & you.

I feel I'm only hurtin' myself cuz is there even a me & vou?

What happened to the love you have for me, baby it ain't the same no more?

Why do you make it so hard on me, baby I can't live like this no more.

There's only one thing that's left to say but I don't know how to say good-bye.

I really don't know if to give up or not, it's killin' me half to death inside.

I try so hard to keep this alive but it's killin' me half to death inside.

I don't want the pain to show outside so I'm tryin' to hold the pain inside.

With my hands to my face so my tears don't fall but through my fingers tears still flow through.

Cuz I don't really want to say good-bye, what happened to the days of me and you?

This wasn't the way it was supposed to be, why do you make it so hard on me?

Everything I tell you baby girl, you don't even believe in me

Yeah, I did what I did and you buried me, I'm reachin' up help me off the ground.

But too many times you pulled me up just to let me right back down.

Your words always make me feel so nice, they're everything and all but true.

You know baby girl I'm in love with you but I know what I gotta do.

I raised myself up off the ground and this is the last time I will fall

It's coming down to the final straw, be down for me or it's nothing at all.

Now I sit here girl all alone all I think about is me & you.

I feel I'm only hurtin' myself cuz is there even a me & you?

What happened to the love you have for me, baby it ain't the same no more?

Why do you make it so hard on me, baby I can't live like this no more.

There's only one thing that's left to say but I don't know how to say good-bye.

I really don't know if to give up or not, it's killin' me half to death inside.

## I Gotta Ride James Meier

Papa taught me how to ride Hung a barrel right outside Kept me swingin' 'n twistin' away Taught me th' tricks 'n toughened my hide Made me live ta rope 'n ride

Rodeo's become my ways 'n means It's in my blood 'n all over my jeans My days are spent knottin' a rope Cowboyin' up for my time in hell My own eight seconds 'n that janglin' bell

It's a homespun cowboy's favor-rite drug A big ole slice off'n a plug Better'n an angel by my side Gimme a chew... I gotta ride!

Cowboy up 'n slack them reins Chasin' dreams 'cross Texas plains Ridin' bulls 'n bustin' broncs Hustlin' a buckle 'n eatin' dirt Tryin' to outrun th' constant hurt

Deliver me Lord form rodeo dreams Keep me safe from th' crowd and th' screams Them poundin' hooves 'n them red-eyed beasts Lemme keep my agein' flesh 'n precious blood C'mon Lord keep me outta that mud.

#### Desire The Rooster

Desire abides...
It is all people have that stands proof against time.
Everything else...
ROTS!

## Ana J.S. Slaymaker

With your gauzy dresses and soft raven tresses, and subtle Spanish sophistication.

In your smoky eyes I watched my soul liquidise, and stood frightened at your invitation.

I resisted the urge to completely immerge, myself in you, for you'd swallow me whole.

Your love and affection demands total subjection, necessitating my whole heart and soul.

Of my own volition was cast into perdition, and the great sea of insufferable tears.

I know it's pathetic and hardly prophetic, that your loving arms would've soothed my fears.

#### She of My Dreams Earl E. Thomas

Why does the very thought of my heart's discontent parade victoriously Through the spectrum of my dreams?

She should be the last vision my subconscious summons—or so it seems...

Still I've chased her through fields empty streets— Followed her through crowded malls.

By every time I'm within reach of her the vividness of my imagery dissolves, my chimera stalls.

# Tranquility Theodore Leslie

Being alone is the next best thing to being with her.
Fleet skeletons of music dance on fallen leaves.
Silver birches bathe in pools of afternoon sun.
Amid the confusion of spring dispersals
A misguided bird cracks the shell of a crooked day.
The music stops. Darkness coats the ugly day,
She's light on the only way to break the solitude...
Lay down beside her again.

# Train Tracks (Amy) Ricky Pearson

Remember that day long ago When we were walking down those beater tracks and youyou had that old train still running in your head We walked a mile while you cried a river drunken though you were your pain was all too real my arm around your waist, holding you hearts beating to the sound of our footsteps on the rocks your heart aching from a memory another time, another place as the tears fell down your pretty face vou shared... said your daddy was a walker said he was a rider roamed the land without you or your momma only him, his drink and the broken thoughts within his head dreams upon dreamsnever coming to fruition lacking the will, he lost the way and fell into depression that fateful night years ago should have been long ago forgotten but still that train slides on down that rusty track and when you start drinking you get to thinking that you want to be like him so you saw the tracks and pulled over as you have so many times before and all but run toward the light and here we walk and here you cry and the light draws near I will help you, I will heal you I will love you like you need so take my hand- please, babe and let's push this memory away finally I reach you and the train leaves us in its wake the conductor never truly knowing how close he came to taking an angel's life away.

#### The Coon Hunt James Meier

That old dog won't hunt And that old hound won't tree But that old coon you're chasin' Is wearin' perfume just like me

Don't take no kinda genius To look around 'n see Them all-night huntin' parties Are takin' you from me

Don't know who that old coon is But she must not have fleas And when I think of losin' you I grow weak in th' knees

Now we've traveled this life's highways And we've even sailed rough seas But I've never been without you We're a match, everyone agrees

So listen while I tell you Pay close attention please And wake up to what's happenin' I won't get on my knees

You're my man forever I said it in my vow And I won't give you up Especially not now

With our kids all grown Finally now we're free And this old Colt forty-four Says you're stayin' here with me!

(Gunshot Optional)

# **Untitled Christopher Manthei**

An artist living sculpture lying bare on the covers seen by the light from below the closed door a fierce dragon peering at me from the beautiful marble hollow down low

My desire to kiss and thereby seduce the dragon to tameness or more fierce wildness the dragons desire to be taken now

Me wondering if I could capture the dragon master's heart and capture the dragon for my own.

# You're A Crown Princess Dana Y'ungblood

Little girl with Angel eyes born through incest A secret not known to many, as quiet as kept Her mother was raped by her Uncle Jimmy while she slept

No one ever listened to her cries for help Abandonment is all that your mother ever felt Too young to know about her bodies haste maturity Uncle Jimmy staked out waiting to rob her virtually A thief he is - Ultimately!!!

Admiring your mother from a distance,

As if his devilish smile has no resistance

Proud cause your mother keeps quiet and no one'll listen The puzzles scattered everywhere now, and a few pieces are missin'

Time was in overdrive, inside her stomach a baby was pumpin' like a pison.

It's obvious now, 13 years old and 4 months pregnant Now everyone's feeling guilty, and your mom grows repugnant

Uncle Jimmy's on the run, and your grandma constantly repent,

So your grandma goes and presses charges to the full extent

The family picture has such a lovely frame Though the picture itself appears to be so strange... That's why it's often rearranged. Because your beautiful existence is the source of family

pain.

# Wildflowers and Rainshowers J.S. Slaymaker

Fields of wildflowers and summer rainshowers, and stars shooting across the dusk.

And beneath its cover I kissed my lover, inhaling the scent of her musk.

Sensing her fever I sought to relieve her of her pulsating feminine fire.

Ecstatic emotion rolled us like the ocean, capsizing my ship of desire.

Tasting so sweet and without missing a beat, my palm stroked the length of her thigh.

Teasing and squeezing and with loving so pleasing, she melted and came with a sigh.

Behold upon her cheeks the maiden's blush, as having been applied by my love's brush.

#### You and I Pablo J. Ponce

My heart is special to those who care shooting star spring time air for you I'm strong my love is bright golden sunset love in flight Be soft and gentle for it's my heart you hold bed of feathers pot of gold all I have too offer its all just for you me your bright red rose you my morning dew I think about you my heart goes out that you love me I have no doubt like a crystal clear lake real soon you'll see you and I are meant too be

#### Simplicity Armando Solis

Recreating outside this cold November day.

Just thinking of you and the many things I want to say It's on days like these that I wish we were together Even the simplest of things we share, I will treasure forever

Please forgive me for the mistakes, I've made in the past And please understand that I want our friendship & bond to last

You are my world and my heart's only desire, When I think of you my soul catches fire. My feelings for you... I can't find words to describe or expression

Just, always remember that you're the best, to have, and to hold-to protect and to treasure

Being bonded to you is a reminding pleasure.

Lean not explain what you mean to me, but God about the second of the sec

I can not explain what you mean to me, but God above does...

But I surrender to faith that love will last forevereternity.

#### Don't Look At Me That Way Thee Baldhead Blackman

don't give me that look...
ain't nothing changed...
i was – i am, and i am still...
the owner, the maker, the cream of the planet earth, god
of the universe
irrespective of your revocable imperfections, i dare to

know you

as you were, as you could be, and as you will be in your ultimate glory

you see, you are the co-owner, the co-maker, the churn of the planet earth, goddess of the universe

don't look at me that way that is the look of unconsciousness – and ignorance of our true identity – as deities of this mundane creation where self attempts to separate self from self...

don't look at me that way
it is the look that denies your goddesshood –
it puts you at such a worldly level – your highness
the level where you're over there and i'm over here
where i'm in black and you're in white
where you're the mistress and me the slave
where you're rich and i'm poor
oh, what a worldly divide

pleeze ... don't look at me that way
you're not the synthetic chemicals that denies your
natural beauty to shine
you're not my true enemy – the oppressor
that holds your kingdom hostage
you're not all you have been made to think you want to
be
don't look at me that way
you are the mother of all creation...
you are the deity that holds up half the sky...
you are the beautiful reflection of my hu-man-ity

so...

don't look at me that way understand that the bondage you see me in is actually a testament of my true freedom

don't look at me that way
i am a son of a mighty supreme
don't look at me that way
don't say you don't know me
i am you – you are me
and We are no strangers

Prisoner Express CRESP/Durland Alternatives Library 127 Anabel Taylor Hall Ithaca, New York 14853-1001 www.prisonerexpress.org Non Profit Organization U.S. Postage Paid Permit 448 Ithaca, NY 14850

Prisoner Express promotes rehabilitation by providing information, education and opportunities for creative self expression to incarcerated individuals throughout the United States. Anthology free to prisoners. All others please contact Prisoner Express for rates. All proceeds are used to fund programming

The Durland Alternatives Library, which funds Prisoner Express, is a project partner of the CRESP Center for Transformative Action. Additional Support comes from the Cornell Public Service Center.

# **About the CRESP Center for Transformative Action**

#### Our Mission

We are an alliance of individuals and organizations inspired by principles of nonviolence and committed to bold action for justice, sustainability, and peace. Our Center supports change makers with the tools to build thriving, inclusive communities that work for everyone. We serve our member organizations, the public, and Cornell University by offering educational programs and strategic organizational resources.

#### About Transformative Action

Transformative Action is a model for social change rooted in the principles of nonviolence. It realizes a positive, just and inclusive vision by seeking to expose injustice, transform adversaries into allies, and evolve anger into goodwill. Authentic yet compassionate communication is a foundational skill. Our goal is to train and equip our member organizations and others committed to social change with the most effective strategies and experiences for engaging this empowering approach.

Our Project Partners

#### **Alternative Media and Information**

The Durland Alternatives Library
Positive News
TheocracyWatch

#### Simplicity and Sustainability

Simple Living America Tale Back Your Time Ecovillage-Sustainability Education Engineers for a Sustainable World

## **Economic Justice**

The Workers Center

#### **Connecting the Americas**

Committee on US-Latin American Relations (CUSLAR)

# **Transformation Through the Arts**

Vitamin L Project Ithaca City of Asylum